



Young Adult Project 2022

Location: Days Creek, Oregon

Project Dates: July 24 - 31, 2022

Project Participation Fee: \$250

Final Deadline: June 27, 2022

**All amounts are listed in U.S. dollars.*

Flights are not included in the participation fee.



PROJECT OVERVIEW

Join like-minded Young Adult Volunteers from all over North America and help with renovations at Milo Adventist Academy! This project is open to volunteers ages 18-35.

Maranatha is collaborating with F5 Challenge to create this experience for young adults. F5 Challenge is a community of younger adults, Adventist and non-Adventist, who seek to live active, connected, and faith-filled lives. Their values include Faith, Fellowship, Fitness, Fortitude, and Fun. F5 leaders will be involved in the work week itself by helping to lead the worship experiences and fun evening activities. Immediately following the Maranatha event, volunteers are encouraged to join F5 for a two-day rock climbing and hiking event at Smith Rock State Park. More details and registration for the F5 event available at [F5Challenge.org](https://www.f5challenge.org).

Milo Adventist Academy

This boarding school campus was originally built in the 1950s and is located in the beautiful mountains of southern Oregon. In addition to a Seventh-day Adventist education, students also learn practical skills such as agriculture, horsemanship, and culinary arts. The campus has seen thousands of students pass through its dorms and facilities, and the annual maintenance of the 400-acre property is a lot for a small staff to manage. In 2015, Milo Adventist Academy reached out to Maranatha to help with various renovation projects on campus, and Maranatha has sent volunteers nearly every year since.

Construction: Volunteers will be helping with various renovation projects around campus.

Accommodations

Volunteers will stay in the dormitories at Milo Adventist Academy.

Individuals should plan on staying in double occupancy rooms with a roommate. If you would like to room with someone in particular, please let us know prior to the final deadline of the project.

MARANATHA IN THE UNITED STATES

Maranatha is a responsive organization that works with the Seventh-day Adventist Church; all efforts are by invitation from local leadership.

Maranatha works throughout the world building churches, schools, and water wells. In North America, Maranatha also aids by organizing volunteer labor for construction and renovation projects at schools, churches, and camps.

Amenities

Room Style	Two twin beds
En-Suite Bathroom	No, Bathrooms are located down the hall.
Hot Water	Yes
Linens	Please bring twin bedding, pillow, towels, and washcloths.
Air Conditioning	No
WiFi	Yes
Laundry	Yes, at an additional expense

Excursions

On the final Saturday afternoon volunteers will travel to Crater Lake, which is located about an hour and 45 minutes from Milo. Crater Lake was formed in the caldera of a destroyed volcano and is the deepest lake in the United States. Visitors can hike along the rim trail and enjoy the beauty of the national park.

On the final Sunday volunteers are encouraged to continue the fun and faith-filled experience by joining the F5 Challenge event at Smith Rock State Park. Smith Rock is located near Bend, Oregon and is known for scenic views of the canyons, hiking, trail running, and rock climbing. Those wanting to join will need to register with F5 for this event and can do so at F5Challenge.org.

Weather

Weather patterns can change suddenly, so Maranatha recommends that volunteers check the 10-day forecast for the project area before traveling. Temperatures in July will likely be in the 70s and 80s Fahrenheit during the day, but can dip into the 50s at night, so bring a light jacket.

Leadership

Angela Frauenfelder Project Coordinator
Kris Frauenfelder Construction Superintendent

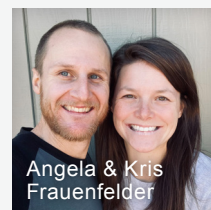
PROJECT SCHEDULE

Sunday, July 24
Arrival at Milo Adventist Academy

Mon., July 25 - Fri., July 29
Work Days

Saturday, July 30
Sabbath worship and afternoon excursion to Crater Lake

Sunday, July 31
Departure from Milo Adventist Academy. Many will continue on the F5 Challenge event at Smith Rock.



Angela & Kris Frauenfelder

Expenses

Total Fee: \$250

Final Deadline: July 27, 2022

All amounts are listed in U.S. dollars (USD).

Payments* can be made in three ways:

- Check sent to the Maranatha office in California (include a note with your name and "Young Adult Project 2022").
- Online using the project payment link in your confirmation email.
- Over the phone at (916) 774-7700.

**Canadian tax-deductible payments must be made by check to the Maranatha Volunteers International (Canada) Association (address located at the end of this information packet) in order to receive a receipt. At this time, Maranatha cannot issue Canadian tax-deductible receipts for credit card payments.*

If you are fundraising or receiving donations, please have donations sent directly to you, or work with your local church treasurer to collect funds at the church and issue tax-deductible receipts. Do not have donors send individual small checks directly to Maranatha. If you have questions regarding this process, please contact Maranatha.

TRAVEL INFORMATION

Flying to the Project

Please complete the online registration and wait for confirmation from Maranatha before purchasing your airfare. Be careful to follow these guidelines when booking your travel. If you arrive or depart outside of these posted windows, you may be responsible for paying the additional transportation costs for your individual airport transfer. If you have questions about your itinerary, please contact Maranatha prior to booking to avoid any additional charges.

Arrive: Medford, OR (MFR) before 4pm on Sunday, July 24

Depart: Medford, OR (MFR) on Sunday, July 31.

Driving to the Project

Please plan to arrive before 5pm on Sunday, July 24.

Project Address:

Milo Adventist Academy
324 Milo Dr
Days Creek, OR 97429

Travel Resources

- CI Azumano Travel: 800-454-4099 or by email with Erle Dpenha or Azumano Team at corporatetravel@ciazumano.com
- Butler Travel: 503-879-5005 or by email with Nathanael at nathan@butlertravel.com or with Ellen at ellen@butlertravel.com.

TYPICAL DAILY SCHEDULE

7:00 a.m.	Breakfast
7:30 a.m.	Group worship
8:00 a.m.	Depart for construction/clinics
12:00 noon	Lunch
4:00 p.m.	Return from work
6:00 p.m.	Dinner
7:00 p.m.	Group worship

The key word for mission trips is FLEXIBILITY. The above schedule is our plan, but it may be adjusted due to weather or other unforeseen circumstances.

WHAT'S INCLUDED

- ☒ Accommodations
- ☒ Vegetarian meals
- ☒ Airport pickup and drop off
- ☒ Short-term accident insurance
- ☒ T-shirt
- ☒ Trip to Crater Lake

ESTIMATE OF ADDITIONAL COSTS

- ☐ Flight to Medford, OR: \$200-700

COVID-19

What to Expect During this Project

Volunteers should make their own decision on whether they are comfortable joining this project. In order to inform your decision, the following considerations outline the current COVID-19 standard for Maranatha projects:

- **Self Screening:**
 - Before: If you have felt sick or been exposed to anyone with COVID-19 symptoms during the 10 days prior to the project, we kindly ask that you contact Maranatha to cancel your participation on the project.
 - During: You may be asked to participate in daily wellness checks. If you start to feel ill during the project, please speak with the project coordinator as soon as possible.
 - After: If you experience symptoms within the first seven days after the project, please contact the Maranatha office.
- **Vaccination:** Vaccination is not required by Maranatha, but it is recommended by the CDC.
- **Masks:** Masks are recommended during group activities, but will not be required unless circumstances change due to potential exposure within the group or local guidelines.
- **Social Distancing:** During this project, social distancing will not be possible nor enforced.
- **Symptoms:** If someone becomes symptomatic, they will be asked to test, isolate, and wear a mask. This may result in you missing parts of the project or excursion experience. The rest of the group will be requested to wear masks.
- **Returning Home:** If you were to test positive for COVID-19 at the end of the project, you may not be able to fly home immediately. We will help arrange for your additional housing, food, and necessary testing, but volunteers are responsible for these additional expenses.

Best Practices

When traveling you may be exposed to viruses, such as the recent COVID-19 virus. We recommend a few simple tips to minimize your risk of getting sick:

- Practice physical distancing by keeping a distance of 6 feet between you and others when possible.
- Wear a face covering over your nose and mouth.
- Consider following the CDC vaccine recommendations.
- Avoid close contact with people who are sick.
- Wash your hands often, with soap and water, for at least 20 seconds.
- If you don't have access to soap and water, use hand sanitizer with at least 60% alcohol, rubbing your hands until dry.
- Avoid touching your face, especially your eyes, nose, and mouth.
- Clean and disinfect frequently touched surfaces using disinfectant wipes.
- Wash your hands after shaking hands with others or handling cash.
- Get adequate sleep.
- Drink plenty of purified water.
- Try to eat a well-balanced diet.

HEALTH AND SAFETY

Worksite Safety

Maranatha has a very high safety record on the worksite. The safety equipment you'll need will depend on the project scope and what job you do (see packing list). Hard hats and closed-toe shoes are required on all job sites.

Short Term Travel Insurance

Any medical expenses during the project would first be processed through the volunteers' insurance policy. In addition, Maranatha has a short-term accident insurance policy that is used as a back-up and covers volunteers from the time they arrive on the project until they depart. As with all insurances, some exclusions apply. Maranatha does not carry or maintain health, medical, workers compensation, or disability insurance coverage. The coverage amounts and details can be found at www.maranatha.org/insurance.

You will receive a brochure, prior to your project, listing the policy number and contact information for assistance or emergencies during your travel.

Medical Recommendations

If at any time during the project you start to feel sick, speak with the project leader as soon as possible.

COVID-19 and Other Viruses

See the COVID-19 section of this packet for best practices and what is recommended and required during this project.

Allergies and Dietary Restrictions

Maranatha provides three vegetarian meals each day. We ask for your allergies on your registration form, and we will do our best to accommodate your needs. However, on large projects especially, it is harder for our cooks to accommodate special requests. If your diet is very restrictive (vegan, gluten free, etc.), we recommend that you bring items such as soy milk powder, gluten-free bread, etc. to supplement the meals provided by the cooks.

ADDITIONAL INFORMATION

Maranatha Lifestyle

Each mission trip is a unique experience, and during the project, there is a great need for flexibility. Volunteers on Maranatha projects come from a variety of backgrounds and lifestyles. As we all become one big family for two weeks, we will need to refrain from some of our personal desires and freedoms and adopt the lifestyle of the group.

On all of our projects we ask that volunteers refrain from using alcohol, tobacco, marijuana or other non-prescription drugs during the trip.

Maranatha projects are open to individuals of all faith backgrounds, and we ask that all volunteers come into the project with an attitude of respect toward one another. During this trip we emphasize service opportunities that grow faith in God. On Maranatha projects, worship services are held on Sabbath (Saturday), and we ask all volunteers to participate in the experience with the group. If you have any questions, please speak with your project coordinator.

CONSTRUCTION SITE SAFETY RULES



- Hard Hats Required
- Closed-toe Shoes Required
- Personal Safety Items
 - Eye Protection
 - Ear Protection
 - Masks
 - Gloves
 - Long Pants
- Use care with ladders and scaffolding
- Stay Hydrated
- No Horseplay



VACCINES

TETANUS

Required by Maranatha

COVID-19

Recommended by CDC*

**Centers for Disease Control and Prevention*

HOW TO REGISTER

1. Complete online registration form
2. Check email
3. Make payment*
4. Book flights and send itinerary to Maranatha

*If for any reason you need to cancel your participation, deposits are refundable up until one month prior to the project (unless noted otherwise). Cancellations within 30 days of the project are subject to a cancellation fee, and the remainder will be refunded.

CONTACT INFORMATION

Phone: (916) 774-7700

Fax: (916) 774-7701

Email: volunteer@maranatha.org

Website: www.maranatha.org

Mailing Address:

Maranatha Volunteers International
990 Reserve Drive
Suite 100
Roseville, CA 95678

Canadian Payments Only:

Maranatha Volunteers International
Association
c/o V06494C
PO Box 6494, Station Terminal
Vancouver, BC V6B 6R3

PACKING LIST

A checklist of recommended items to take with you on a Maranatha project.

Work Wardrobe

- ☐ Long work pants
- ☐ T-shirts and/or long-sleeved cotton shirts for work
- ☐ Strong, flexible construction gloves (REQUIRED)
- ☐ Hard hat (REQUIRED)
- ☐ Handkerchief or bandana for neck protection
- ☐ Sunglasses or safety glasses
- ☐ Ear protection
- ☐ Sturdy work shoes

Tool List

A final tool list will be sent out prior to the project based on the specific projects assigned to this team. A few tools will be required, or highly recommended, in order for everyone to stay involved in the work. Some tools will be helpful, and we encourage you to bring them if you have access to them.

- ☐ Hammer (waffle-faced)
- ☐ Measuring tape (25')
- ☐ Nail apron
- ☐ Utility knife
- ☐ Small square
- ☐ Carpenter pencil
- ☐ Framing nail gun 21-degree
- ☐ Saws - all types
- ☐ Skill saw
- ☐ Handsaw
- ☐ Hand drills
- ☐ Step ladder
- ☐ Painting supplies
- ☐ Electric cords
- ☐ Broom for cleanup

Items to Remember

- ☐ Maranatha t-shirt
- ☐ ID and personal insurance information
- ☐ Copy of final packet with project addresses
- ☐ Face mask(s) or covering(s)
- ☐ Personal prescribed medication (in carry-on) as well as items like Tylenol, Band-Aids, Pepto Bismol etc.
- ☐ Shoes and socks
- ☐ Underclothes
- ☐ Casual shirts, pants, and shorts
- ☐ Dress clothes for Sabbath

- ☐ Hat for sun protection
- ☐ Sleepwear
- ☐ Modest swimsuit
- ☐ Light jacket or sweatshirt
- ☐ Flip-flops or sandals
- ☐ Personal toiletries (soap, deodorant, etc.)
- ☐ Hand sanitizer
- ☐ Insect repellent (30% DEET or higher)
- ☐ Sunblock (SPF 30+)
- ☐ Lip balm (with sunblock)
- ☐ Bible
- ☐ Camera, batteries, and memory cards
- ☐ Flashlight with extra batteries
- ☐ Bedding: twin sheets, blanket, or sleeping bag
- ☐ Small Pillow
- ☐ Towel and washcloth

Optional Items

- ☐ Lightweight daypack or similar bag
- ☐ Journal and pens
- ☐ Powdered Gatorade or equivalent Nuun or Camelback electrolyte tablets (for overcoming dehydration)
- ☐ Earplugs
- ☐ Small alarm clock
- ☐ Small fan
- ☐ Small instrument you play
- ☐ Supplemental items for specific diets (gluten free, vegan, etc)
- ☐ Rock climbing gear (if joining F5 Challenge event)

THE MARANATHA STORE

BUY MARANATHA MERCHANDISE!

Share the spirit of service with Maranatha-themed apparel and accessories.*

MARANATHA T-SHIRT \$10



This Maranatha shirt is a poly/cotton heather blend by Bella + Canvas. Color is "heather forest"; unisex sizing.

HARD HAT \$13



This MSA V-Gard hard hat, with Staz-On suspension, ensures excellent shock absorption on the job site.

MARANATHA.ORG

*All confirmed volunteers on an International Maranatha Open Team receive a Maranatha t-shirt as part of their participation fee.



**TO ORDER, VISIT [MARANATHA.ORG/STORE](https://maranatha.org/store)
OR CALL (916) 774-7700**

All prices are excluding sales tax and shipping.

CAP \$12



All cotton and easy to pack, this cap is sure to keep the sun off your face on a mission project and at home. Available in Khaki and Navy.

WATER BOTTLE \$15



The autospout water bottle by Contigo features a one-touch-button spout for convenient one-handed drinking. It also has a spout shield to protect the spout from debris and dirt when not in use—perfect for the project site.

MARANATHA
VOLUNTEERS INTERNATIONAL