

# Zambia Project

**Location:** Chisamba, Zambia

**Project Dates:** February 24 - March 6, 2022

**Optional Excursion:** March 6 - 8, 2022

**Total Fee:** \$1,200\*

**Children 12 and under:** \$1,050

**Optional Excursion:** \$640

**Final Deadline:** January 24, 2022

*\*All amounts are listed in U.S. dollars.*

*International flights are not included in the participation fee*



## A NOTE ABOUT COVID-19 AND TRAVEL

Maranatha is moving forward with this project as detailed below; however, changes can occur as countries are still adapting to various restrictions due to COVID. You may consider purchasing additional flight insurance to minimize the potential risk if this trip is unable to take place as planned. We will update you if the status of this project changes. For the current COVID requirements and considerations that will be in effect for this project, see the COVID-19 section of this packet.

## PROJECT OVERVIEW

### Emmanuel Adventist Secondary School

The Emmanuel Adventist Secondary School was opened in 2011 in Chisamba. In 2019, a fire damaged one of the girls' dorms and the assistance request came to Maranatha. Ultimately, the dorm was repaired using insurance funds; however, Maranatha agreed to build additional classrooms and dormitories on campus to accommodate more students and provide space for future growth. In 2020, Maranatha drilled a well on campus as well as built six classrooms and a new girls' dorm and bathroom. The school currently has 327 students in grades 8-12, but there is still a big need for infrastructure on campus including a new boys' dorm, an administration building, meeting hall, and additional staff housing.

**Construction:** Volunteers will lay block walls for new staff housing duplexes.

**Outreach:** Oftentimes the local churches and schools enjoy when visitors put on programs for the children or health education initiatives. If we have enough volunteers and people with an interest in these areas, we can add this to the job scope.

\*Outreach activities will be dependent on any local COVID-19 restrictions or recommendations in this region of Zambia at the time

### Accommodations

Our group will stay at The Fringilla Lodge, near Chisamba. Volunteers will gather for meals and worship in one of the meeting halls at the hotel.

## MARANATHA IN ZAMBIA

*Maranatha is a responsive organization that works with the Seventh-day Adventist Church; all efforts are by invitation from local leadership.*

Zambia has one of the largest memberships of Seventh-day Adventists with more than 1.17 million members. Maranatha has worked in Zambia since 2009 and received thousands of requests for churches and schools. Maranatha has drilled wells and built several large educational campuses as well as churches and Sabbath school classrooms throughout the country.

Individuals should plan on staying in double occupancy rooms with a roommate. If you would like to room with someone in particular, please let us know prior to the final deadline of the project. Volunteers wishing to stay in a private room can upgrade to a single room for \$300 per person. Please contact Maranatha to make these arrangements prior to the final deadline.

## Amenities

Room Style	One queen or two singles
Private Bathroom	Yes
Hot Water	Yes
Bed Linens	Yes
Towels	Yes, but not washcloths
Air Conditioning	Yes
WiFi	Yes, but slower than you'd expect at home
Laundry	Yes, at an additional expense
Pool	No
Distance to Work Locations	35-45 minutes

## Excursions

Maranatha projects often include a short excursion and may also offer an extended excursion as an optional add-on. If you choose to go on an excursion without Maranatha, please schedule them for before or after the project dates so you won't miss out on any of the Maranatha experience.

### Included Excursion - Game Farm

One afternoon the group will end work a little early, and on the way back to the hotel, they'll make a stop to visit a privately owned game farm. There are more than ten different species of African animals including zebra, impala, warthog, eland, and kudu. After driving through to see the animals, the group will enjoy a picnic dinner at the covered lodge before returning to the hotel that evening.

### Optional Excursion - Lower Zambezi National Park - \$640

Lower Zambezi National Park is located a few hours east of Lusaka, on the banks of the Zambezi river. Visitors can often see elephant, buffalo, crocodile, hippopotamus, and many antelope species. Lucky visitors can also spot lions and leopards. Because this trip will take place during the rainy season, land-based safari drives are not operating. Animal viewing will be limited to what can be viewed from river boats.

This excursion is an additional \$640 per person. The fee covers double-occupancy accommodations, all meals, ground transportation, insurance, entrance fees, and tour guides. Single occupancy rooms are available for an additional \$100 per person.

## PROJECT SCHEDULE

**Thursday, February 24**  
Arrival in Lusaka, Zambia

**Friday, February 25**  
First work day

**Saturday, February 26**  
Worship with a local congregation

**Sunday, February 27 - March 4**  
Work days

**Saturday, March 5**  
Worship with the local congregation

**Sunday, March 6**  
Departure from Lusaka, Zambia, or continue on the optional excursion

## OPTIONAL EXCURSION

**Sunday, Mar. 6 - Monday, Mar. 7**  
Lower Zambezi National Park

**Tuesday, March 8**  
Departures from Lusaka



### Sunday, March 6

- Drive to Lower Zambezi National Park
- Check in at the hotel
- Sunset river cruise on the Zambezi River

### Monday, March 7

- Full-day water-based safari activities in Lower Zambezi National Park

### Tuesday, March 8

- Travel to Lusaka
- Afternoon and evening departures

## Leadership

**Susan Woods** Project Coordinator  
**David Woods** Construction Superintendent

## We Need Your Help

The team is looking for additional leaders in the following areas:

- Children's Ministry Coordinator
- Team Medic

If you are interested in leading out, please contact Maranatha at (916) 774-7700.

## Expenses

**Participation Fee:** \$1,200

**Children 12 and Under:** \$1,050

**Optional Excursion:** \$640

**Deadlines:** January 24, 2022

All amounts are listed in U.S. dollars. Ages are determined on the start date of the project. For accounting purposes, the fee is broken down into a tax-deductible participation fee and a non-deductible excursion fee.

Payments can be made in three ways:

- Check sent to the Maranatha office (include a note with your name and "Zambia Project - February 2022")
- Online using the project payment link in your confirmation email\*
- Over the phone at (916) 774-7700\*

\*For Canadians, payments are only tax-deductible if made by check to the Maranatha Volunteers International (Canada) Association (address located at the end of this information packet) in order to receive a receipt. At this time, Maranatha cannot issue tax-deductible receipts for credit card payments from Canada.

If you are fundraising or receiving donations, please have donations sent directly to you, or work with your local church treasurer to collect funds at the church and issue tax-deductible receipts. Do not have donors send individual, small checks directly to Maranatha. If you have questions regarding this process, please contact Maranatha.

## TYPICAL DAILY SCHEDULE

7:00 a.m.	Breakfast
7:30 a.m.	Group worship
8:00 a.m.	Depart for construction/clinics
12:00 noon	Lunch
4:00 p.m.	Return from work
6:00 p.m.	Dinner
7:00 p.m.	Group worship

The key word for mission trips is FLEXIBILITY. The above schedule is our plan, but it may be adjusted due to weather or other unforeseen circumstances.



## WHAT'S INCLUDED

- ☒ Accommodations
- ☒ Vegetarian meals
- ☒ Ground transportation
- ☒ Short-term insurance
- ☒ Portion of construction costs
- ☒ Portion of outreach activities
- ☒ T-shirt and luggage tags
- ☒ COVID-19 test in Zambia prior to departure



# ABOUT ZAMBIA

- Zambia is a landlocked country, slightly larger than Texas, located in southern Africa.
- In the 1800s, the region was explored by the famous Scottish explorer and missionary, Dr. David Livingstone. The Zambian town of Livingstone is named in his honor.
- Dr. Livingstone was the first European to see the huge waterfalls on the Zambezi River; he named them Victoria Falls in honor of Queen Victoria of Britain.
- Zambia was part of the British colony, Rhodesia, from 1911 until 1963, when Zambia gained independence.
- Zambia is very ethnically diverse and has more than 70 tribal groups.
- During the 1920s, the country experienced rapid urban growth due to the expansion of copper mining in the north.
- There are several protected reserves and national parks where at least 242 mammal species can be found.

## Foreign Cash

Zambia uses the kwacha and has an exchange rate of approximately 15 kwachas to 1 U.S. dollar (October 2021). This exchange can be made at the airport, or the project coordinator can also exchange money for you at a flat rate in increments of \$10. Many countries offer better exchange rates for larger bills (\$50s and 100s), so if you bring small bills you may get a different exchange rate. Any cash you bring should be in new, unmarked, and untorn bills.

While some establishments accept credit and debit cards, most small shops only accept cash. It is wise to let your credit card company know the dates you will be traveling so they don't block your card.

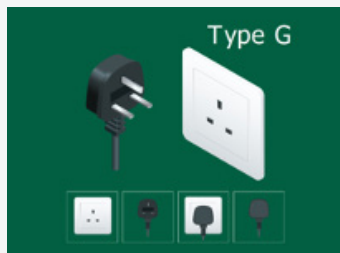
## Tipping

Your project coordinator will tip the guides on group excursions. If you feel like someone (guide, hotel staff, etc) has provided excellent service during your trip, you are more than welcome to show your gratitude with additional tips. If you have any questions during the project about whether or not tipping would be appropriate, your project coordinator or Maranatha in-country support staff can help you understand the local culture.

## Electricity

- **Current:** 220-240 volt AC
- **Outlet:** Type G

Non-dual-voltage appliances will need a voltage converter in addition to the plug adapter.



## ESTIMATE OF ADDITIONAL COSTS

- ☐ **International Flights:** \$1,100-1,800
- ☐ **Entrance Visa:** \$50
- ☐ **Passport:** \$130 or \$110 for renewal
- ☐ **Pre-trip COVID-19 test:** \$0-\$300 (Depends on type of test and insurance coverage)
- ☐ **Optional Vaccines:** \$50-125
- ☐ **Optional Excursion:** \$625



## Weather

Weather patterns can change suddenly. Check the 10-day forecast for the project area before traveling.

**Chisamba** | Expect temperatures in the low 80s during the day and dipping into the 60s at night. February is in the rainy season, so expect rain showers throughout the project.

**Lower Zambezi National Park** | On the safari excursion, expect slightly warmer temperatures hitting the upper 80s and only cooling to the 70s at night. February is in the rainy season, so afternoon showers are common.



## TRAVEL INFORMATION

Please complete the online registration form and wait for confirmation from Maranatha before purchasing your airfare.

If this is your first time traveling abroad (or you need a refresher course), you may want to check out Maranatha's [International Traveler Guide](#) (available at [maranatha.org](http://maranatha.org) under volunteer resources), which shares tips on everything from booking travel to communicating with those at home.

## Flights

Please carefully follow these guidelines when booking your travel. If you arrive or depart outside these posted windows, you may have long wait times at the airport or be responsible for paying the additional transportation costs for your individual airport transfer. If you have questions about your itinerary, please contact Maranatha prior to booking to avoid any additional charges.

### Project Only

Arrive: Lusaka, Zambia (LUN), Thursday, February 24, between 9:00 a.m. and 3:30 p.m.

Depart: Lusaka, Zambia (LUN), Sunday, March 6, in the afternoon or evening

### Optional Excursion

Arrive: Lusaka, Zambia (LUN), Thursday, February 24, between 9:00 a.m. and 3:30 p.m.

Depart: Lusaka, Zambia (LUN), Tuesday, March 8, anytime between 11:00 a.m. and midnight

## Arriving Early or Staying Late?

Some of you may choose to extend your travel before or after the project. Since our volunteers bring so much to the shared experience of the project, we ask that you participate in the entirety of the Maranatha project (during the advertised dates). Any additional travel outside of the Maranatha project should be scheduled for before or after the project dates to avoid mid-project interruptions. If you choose to add additional travel, you are responsible for making your own hotel and transportation arrangements for the time outside of the arrival and departure windows listed above. If you have any questions, feel free to call Maranatha at (916) 774-7700.

Due to the COVID-19 testing requirement returning back to the United States or Canada, Maranatha recommends that you plan any additional travel before the project starts so that your departure test planned at the end of the Maranatha will still fall within the required testing window.

## FACTS AND FIGURES

**Capital:** Lusaka

**Population:** 18.38 million (2020)

**Language:** English (official)  
1.7%, Bemba 33.4%, Nyanja 14.7%, Tonga 11.4%

**Climate:** Tropical, depending on altitude. Rainy season (Oct-April)

**Religion:** Protestant 75%, Catholic 20%

**Currency:** Zambian Kwacha

## Travel Resources

- **CI Azumano Travel:** 800-454-4099 or by email with Erle Dpenha or Azumano Team at [corporatetravel@ciazumano.com](mailto:corporatetravel@ciazumano.com)
- **Butler Travel:** 503-879-5005 or by email with Nathanael at [nathan@butlertravel.com](mailto:nathan@butlertravel.com) or with Ellen at [ellen@butlertravel.com](mailto:ellen@butlertravel.com).

## Entry Requirements

Below are the requirements for U.S. and Canadian citizens. If you hold a passport from another country, please consult the Zambian embassy or consulate in your home country for entrance requirements.

**Passport** | All passports must be valid for at least six months from the dates of intended travel (September 8, 2022). If you do not have a passport, U.S. citizens can apply at any U.S. post office or online at <http://travel.state.gov>. Canadian citizens can apply online at [www.passport.gc.ca](http://www.passport.gc.ca). It can take up to two months to complete the entire process, so plan accordingly to give yourself enough time to receive your passport.

**Visa** | Visitors must also purchase a tourist visa upon arrival in Zambia. Single entry visas are \$50 per person.

**Yellow Fever** | Currently, proof of yellow fever vaccine is not required to enter Zambia unless you're coming from a country with risk of yellow fever transmission.

**COVID Requirements** | See the COVID-19 section of this packet for current COVID-19 travel requirements.

## Traveling With Minors

**Birth Certificate** | In an effort to prevent child-trafficking, some hotels and airports require proof of parent-child relationships, even if your child is a teenager. Maranatha recommends guardians bring a copy of their child's birth certificate and any other documents (guardianship papers etc.) to answer these questions.

**Parental Consent Form** | If a legal minor (under the age of 18 on the date you depart) is traveling without both parents or legal guardians, Maranatha requires a parental consent form. This form confirms that both guardians have consented to their child leaving the country with an appointed person and Maranatha. It also gives Maranatha permission to treat the child medically in case of an emergency.

You can find this form online at [www.maranatha.org/resources](http://www.maranatha.org/resources). Mail one notarized original to Maranatha and keep another notarized original with you as you travel. The form will ask for two appointees. The first will be the guardian traveling with the minor. The other will be Susan Woods, Maranatha's project coordinator.

### Special Circumstances

- **Divorced Parents:** Both parents must still sign the form. If one parent has sole legal and physical custody, provide a copy of the divorce decree stating such.
- **Deceased Parent:** Provide copy of death certificate.
- **Legal Guardians:** Provide a copy of guardianship paperwork.
- **Other Situations:** Contact Maranatha for guidance.

## Luggage Considerations

Please check with your airline or travel agent for luggage weight and piece allowances for each portion of your itinerary. In addition to your checked bags, airlines usually allow one carry-on item, as well as a personal item such as a purse or small day pack. However, each airline is different, so read through your airline's baggage policy before you head to the airport.

Sometimes bags are delayed, so please bring your personal medications and a day's worth of clothes and toiletries in your carry-on luggage, just in case. We recommend that you keep your carry-on luggage with you; do not "gate-check" your bags, especially if the bags have electronics or camera gear.

# COVID-19

## Travel Requirements

As of October, 2021, U.S. and Canadian travelers to Zambia must complete the following requirements. Requirements can change at any time. Volunteers should check with their airlines for the latest requirements, prior to travel, and Maranatha will send updates as more information becomes available.

- Negative COVID-19 PCR test results, dated within 72 hours of arrival in Zambia.
- Symptom and temperature screening upon arrival.
- Mask usage in airports and public locations.
- Negative COVID-19 PCR test 24 or 72 hours prior to travel home from Zambia. Maranatha will make the arrangements for you to receive this test in Lusaka.
  - *Your testing window will depend on your vaccination status. If you have been fully vaccinated, please bring your proof of vaccination.*
- Completed Trusted Travel form prior to departure from Lusaka (a link to this online form will be sent to you).

## What to Expect on this Project

We encourage volunteers to make their own decision on whether they are comfortable joining this project. In order to inform your decision, the following considerations outline the current COVID-19 standard for international Maranatha trips:

- **Self Screening:**
  - Before: If you have felt sick or been exposed to anyone with COVID-19 symptoms during the 10 days prior to the project, we kindly ask that you contact Maranatha to cancel your participation on the project.
  - During: You may be asked to participate in daily wellness checks. If you start to feel ill during the project, please speak with the project coordinator as soon as possible.
  - After: If you experience symptoms within the seven days after the project, please contact the Maranatha office.
- **Vaccination:** Vaccination is not required by Maranatha, but it is recommended by the CDC.
- **Masks:** Face masks are required in public settings in Zambia (including outreach activities, church services, excursion activities, and stores). During Maranatha group activities and work, masks are recommended, but not required unless circumstances change due to potential exposure or local guidelines.
- **Social Distancing:** During this project, complete social distancing will not be possible nor enforced.
- **Symptoms:** If someone becomes symptomatic, they will be asked to test, isolate, and wear a mask. The rest of the group will be requested to wear masks.
- **Hygiene:** As always, volunteers are encouraged to practice hand hygiene, but enhanced measures are encouraged during this time.

## Best Practices

When traveling you may be exposed to viruses, such as the recent COVID-19 virus. We recommend a few simple tips to minimize your risk of getting sick:

- Practice physical distancing by keeping a distance of 6 feet between you and others when possible.
- Wear a face covering over your nose and mouth.
- Consider following the CDC vaccine recommendations.
- Avoid close contact with people who are sick.
- Wash your hands often, with soap and water, for at least 20 seconds.
- If you don't have access to soap and water, use hand sanitizer with at least 60 percent alcohol, rubbing your hands until dry.
- Avoid touching your face, especially your eyes, nose, and mouth.
- Clean and disinfect frequently touched surfaces using disinfectant wipes.
- Wash your hands after shaking hands with others or handling cash.
- Get adequate sleep.
- Drink plenty of purified water.
- Try to eat a well-balanced diet.



# HEALTH AND SAFETY

## Travel Safety

Understanding the culture and educating yourself about travel in Zambia is the best way to keep safe. Below are a few tips for you to consider.

- Leave valuables (expensive or sentimental) at home.
- Dress conservatively; a flashy wardrobe attracts more attention.
- Use a money belt or concealed pouch for passports and cash. Watch your wallet.
- Don't leave valuables unattended in open sight.
- Avoid marginal areas of cities, dark alleys, and crowds. Use caution and keep moving if strangers, including vendors, approach you on the street.
- Don't travel alone or at night.

## Worksite Safety

Maranatha has a very high safety record on the worksite. The safety equipment you'll need will depend on the project scope and what job you do (see packing list). Hard hats and closed-toe shoes are required on all job sites.

## Short Term Travel Insurance

All volunteers will be covered by a short-term insurance policy from the time they leave their home country until the time they arrive back in their home country. The policy does not have a deductible and covers accidents and illnesses. As with all insurances, some exclusions apply. Maranatha does not carry or maintain health, medical, workers compensation, or disability insurance coverage. The coverage amounts and details can be found at [www.maranatha.org/insurance](http://www.maranatha.org/insurance).

For volunteers extending their travel before or after a project, the insurance will start and end with the Maranatha project dates. If you would like to extend your coverage for your extra travel at your own expense, contact Maranatha.

You will receive a brochure, prior to your project, listing the policy number and contact information should you need assistance during your travel.

## Medical Recommendations

While Maranatha does everything in our power to ensure the safety of our volunteers, it is also advisable to do your own research when it comes to the medical precautions. We recommend that you schedule a consultation with your physician or a travel clinic to discuss the medical risks in Zambia and the ways to minimize them. If at any time during the project you start to feel sick, speak with the project medical professional and the project leader as soon as possible.

## COVID-19 and Other Viruses

See the COVID-19 section of this packet for best practices and what is recommended and required during this project.

### CONSTRUCTION SITE SAFETY RULES



- Hard Hats Required
- Closed-toe Shoes Required
- Personal Safety Items
  - Eye Protection
  - Ear Protection
  - Masks
  - Gloves
  - Long Pants
- Use care with ladders and scaffolding
- Stay Hydrated
- No Horseplay



## VACCINES

### Tetanus

Required by Maranatha

### COVID-19

Recommended by CDC\*

### Typhoid

Recommended by CDC

### Hepatitis A

Recommended by CDC

### Anti-Malarial Medication

Recommended by CDC

*\*Centers for Disease Control and Prevention*



## Malaria

According to the Centers for Disease Control and Prevention (CDC), most locations in Zambia are considered to be at risk for malaria. There are different oral medications that can lower your risk of contracting malaria. You will need a prescription and each has different side effects and dosages, so speak with a doctor. Please note that the malaria strain present in Zambia is chloroquine-resistant.

## Mosquitos and Other Insects

Mosquitos and other flying insects can carry a variety of diseases including malaria, chikungunya, zika, and dengue. Personal precautions are strongly recommended to lower the risk of being bitten.

- Use a bug repellent with a 30-50 percent concentration of DEET.
- Wear long sleeves, long pants, and closed-toe shoes when possible.
- Avoid areas of standing water.
- Avoid spending a lot of time outside during dusk and dawn.
- Sleep with a mosquito net when possible.

## Food and Water

Food and water safety standards vary greatly from country to country, and we recommend that you exercise caution with the food and water you consume while abroad. Maranatha will provide purified water, but please bring your own reusable water bottle to refill from the large containers.

- Eat only food provided by Maranatha.
- Purchase only commercially packaged snacks, not from street stands.
- Drink only purified water and sealed juices and sodas.
- Do not drink items with ice cubes.
- Do not brush your teeth with tap water, use purified water.

## Allergies and Dietary Restrictions

Maranatha provides three vegetarian meals each day. We ask for your allergies on your registration form and will do our best to accommodate your needs. However, on large projects especially, it is harder for our cooks to accommodate special requests. If your diet is very restrictive (vegan, gluten free, etc) we recommend that you bring items such as soy milk powder, gluten-free bread, etc. to supplement the meals provided by the cooks.

# ADDITIONAL INFORMATION

## Cultural Sensitivity

It's important to enter another culture with respect and understanding of their traditions. Women in Zambia are usually expected to dress and act more modestly than what is sometimes seen in North America.

Cultural sensitivity also means we will respect Adventist culture in Zambia. Adventists in Zambia tend to be more conservative than Adventists in the United States and Canada. During the project, we will be sensitive to this by dressing as modestly as possible. Pants and cap sleeves are preferred to shorts and tank tops. For church activities, women will need to have skirts that reach past the knees, and men are expected to wear ties if they are involved in the activities on the platform. Another option is to purchase and wear local attire like the church members wear on Sabbaths. The locals will greatly appreciate the gesture.

## Maranatha Lifestyle

Each mission trip is a unique experience, and during the project, there is a great need for flexibility. Volunteers on Maranatha projects come from a variety of backgrounds and lifestyles. As we all become one big family for two weeks, we will need to refrain from some of our personal desires and freedoms and adopt the lifestyle of the group.

On all of our projects we ask that volunteers refrain from using alcohol, tobacco, marijuana or other non-prescription drugs during the trip.

Maranatha projects are open to individuals of all faith backgrounds, and we ask that all volunteers come into the project with an attitude of respect towards one another. On Maranatha projects, worship services are held on Sabbath (Saturday), and we ask all volunteers to participate in the experience with the group. While we do our best to make provisions to avoid extensive travel or utilizing restaurants on Sabbath, sometimes it is hard to avoid. Please be aware of this and if you have any questions, please speak with your project coordinator.

## HOW TO REGISTER

1. Complete online registration form
2. Check email
3. Make payment(s)\*
4. Book flights
5. Send itinerary and passport copy to Maranatha

\*If for any reason you need to cancel your participation, deposits are refundable up until one month prior to the project (unless noted otherwise). Cancellations within 30 days of the project are subject to a fee of \$150 per person, and the remainder will be refunded depending on the project arrangements already made on your behalf.

## CONTACT INFORMATION

**Phone:** (916) 774-7700

**Fax:** (916) 774-7701

**Email:** [volunteer@maranatha.org](mailto:volunteer@maranatha.org)

**Website:** [www.maranatha.org](http://www.maranatha.org)

**Mailing Address:**

Maranatha Volunteers International  
990 Reserve Drive  
Suite 100  
Roseville, CA 95678

**Canadian Payments Only:**

Maranatha Volunteers International  
Association  
c/o V06494C  
PO Box 6494, Station Terminal  
Vancouver, BC V6B 6R3

# PACKING LIST

A checklist of recommended items to take with you on a Maranatha project.

## Work Wardrobe

- ☐ Long work pants (2-4 pairs)
- ☐ T-shirts and/or long-sleeved shirts for work (5-7)
- ☐ Strong, flexible construction gloves (REQUIRED)
- ☐ Hard hat (REQUIRED)
- ☐ Handkerchief or bandana for neck protection
- ☐ Sunglasses or safety glasses
- ☐ Sturdy work shoes

## Tool List

*The more tools the group brings, the more likely it is that everyone can keep involved in the construction process.*

- ☐ Measuring tape (25')
- ☐ Box level (2-3') – one per family
- ☐ Block trowel (10-12") pie-shaped
- ☐ Marking pencils
- ☐ Lineman's pliers - optional
- ☐ Masonry line and line blocks - optional
- ☐ Rubber dish gloves - optional
- ☐ Block hammer - optional

## Items to Remember

- ☐ Maranatha t-shirt
- ☐ Passport
- ☐ Photocopies of your passport in checked baggage
- ☐ Copy of your airline ticket or itinerary
- ☐ COVID-19 PCR negative test results dated within 72 hours of arrival
- ☐ COVID-19 Vaccination card (if fully vaccinated)
- ☐ Money for the entrance visa
- ☐ Minor Consent Form (for those under 18)
- ☐ Copy of final packet with project addresses
- ☐ Face mask(s) or covering(s)
- ☐ Personal prescribed medication (in carry-on) as well as items like Tylenol, Band-Aids, Pepto Bismol etc.
- ☐ Shoes and socks
- ☐ Underclothes
- ☐ Slacks
- ☐ Casual shirts and tops
- ☐ MEN- Dress shirt and tie for Sabbath
- ☐ WOMEN- Dresses and/or skirt and blouse with sleeves for Sabbath
- ☐ Hat for sun protection
- ☐ Sleepwear
- ☐ Shorts
- ☐ Modest swimsuit
- ☐ Light jacket and/or sweatshirt

- ☐ Flip-flops or sandals
- ☐ Personal toiletries (soap, deodorant, etc.)
- ☐ Hand sanitizer
- ☐ Insect repellent (30% DEET or higher)
- ☐ Sunblock (SPF 30+)
- ☐ Lip balm (with sunblock)
- ☐ Water bottle
- ☐ Bible
- ☐ Camera, batteries, and memory cards
- ☐ Flashlight with extra batteries
- ☐ Washcloth
- ☐ Cash for meals in airports, souvenirs, or special projects that may come up

## Optional Items

- ☐ Lightweight daypack or similar bag
- ☐ Neck pillow/eye mask for flight
- ☐ Journal and pens
- ☐ 220-volt converter and plug adapters
- ☐ Powdered Gatorade or equivalent Nuun or Camelback electrolyte tablets (for overcoming dehydration)
- ☐ Earplugs
- ☐ Small alarm clock
- ☐ Snacks
- ☐ Toilet paper or tissues
- ☐ Battery-run personal fan
- ☐ Small instrument you play
- ☐ Binoculars
- ☐ Supplemental items for specific diets (gluten free, vegan, etc)

## Optional Outreach Items

- ☐ Money for purchasing items locally (this helps the local economy)
- ☐ School supplies: pens, pencils, erasers, notebooks, backpacks
- ☐ Christian books and pamphlets
- ☐ Bibles and hymnals
- ☐ Group toys (jump ropes, soccer balls with pumps, etc.)
- ☐ Toothbrushes and toothpastes

## Requested Outreach Items

*You will receive an updated packing list closer to the project, which will likely include special outreach requests for the children's ministry and medical clinic programs.*

# THE MARANATHA STORE

## BUY MARANATHA MERCHANDISE!

Share the spirit of service with Maranatha-themed apparel and accessories.\*

### MARANATHA T-SHIRT \$10



This Maranatha shirt is a poly/cotton heather blend by Bella + Canvas. Color is "heather true royal"; unisex sizing.

### HARD HAT \$13



This MSA V-Gard hard hat, with Staz-On suspension, ensures excellent shock absorption on the job site.

**MARANATHA.ORG**

\*All confirmed volunteers on an International Maranatha Open Team receive a Maranatha t-shirt as part of their participation fee.



**TO ORDER, VISIT [MARANATHA.ORG/STORE](https://maranatha.org/store)  
OR CALL (916) 774-7700**

All prices are excluding sales tax and shipping.

### CAP \$12



All cotton and easy to pack, this cap is sure to keep the sun off your face on a mission project and at home. Available in Khaki and Navy.

### WATER BOTTLE \$15



The autospout water bottle by Contigo features a one-touch-button spout for convenient one-handed drinking. It also has a spout shield to protect the spout from debris and dirt when not in use—perfect for the project site.

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