

# Cañon City Adventist Church Project

## Information Packet

Location: Cañon City, Colorado, USA Dates: Aug 15-27, 2021

(arrival date, Aug 15 and departure date, Aug 27)



Maranatha Volunteers International is a nonprofit, Christian organization focused on providing churches, schools, and water wells around the world. A portion of the projects utilize volunteers on short-term mission trips to complete the work. Annually, we mobilize more than 2,000 volunteers to assist with various service opportunities and partner with thousands of donors to fundraise for international projects. Maranatha's mission is to spread the Gospel throughout the world as we build people through the construction of urgently-needed buildings.

In North America, Maranatha aids by recruiting and organizing volunteer labor for construction and renovations projects at schools, churches, and camps.

The Cañon City project is one of our many efforts based in North America.

## **Project Overview**

The Cañon City Adventist Church is requesting assistance with their fellowship hall, which was build in the early 1980's.

Volunteers will assist with the remodel of the fellowship hall, kitchen and bathroom. This includes the removal of existing

paneling, texturing and painting the underlying sheet rock, replacing trim around windows and doors, as well as building storage cabinets. There will also be 3,000 square ft of vinyl plank flooring installation.

## Leadership

Project Coordinator: Sadie Torrez

Construction Superintendent: Danny Poljak

Local Contact: John Davidson

#### Accommodations

There is space for 25 volunteers on this project. Volunteers who request housing will be hosted by local church member. There are also several

RV parking spots on site with partial hookups available for those wishing to bring their RV. If housing is limited, priority will be given to volunteers who can participate the entire length of the project.

## **Project Schedule**

Sunday, August 15
Arrival

Monday-Friday, August 16-20 Orientation and work days

Saturday, August 21
Sabbath

Sunday-Thursday, August 22-26 Work days

Friday, August 27
Depart





### **Expenses**

The only costs to volunteers are the travel expenses to and from Cañon City. Three vegetarian meals a day, accident insurance, and local housing are provided by the Fulton Missouri in exchange for your volunteer labor.

### **Allergies and Dietary Restrictions**

Maranatha provides three vegetarian meals each day. We ask for your allergies on your registration form, and we will do our best to accommodate your needs. However, we cannot meet all special requests. If your diet is restrictive (vegan, gluten-free, etc.) we recommend that you bring items such as soy milk powder, gluten-free bread, etc. to supplement the meals provided by the cooks.

# About Cañon City, Colorado

Cañon City, Colorado, is known for its public parks and significant paleontological sites, including the National Natural Landmark-designated Garden Park Fossil Area. Other major attractions include the Royal Gorge Railroad, which offers scenic excursions along one of the United States' most beautiful historic railroad routes.

#### **Attractions**

Volunteers may choose to arrive early or leave a few days after the project concludes in order to appreciate local sights and activities. Volunteers are responsible for making their own arrangements, including food and lodging, for all days outside of the project dates.

#### Weather

Average temperatures for Cañon City during August average in the high 80's to low 60's Fahrenheit but plan for just about any type of weather. Of course, current weather conditions can change at any time, so we recommend that you check the 10-day forecast before leaving to ensure that you are prepared for the most current weather conditions in Cañon City.

## **Travel Information**

## **Flights**

Once you have registered and been confirmed, if you are flying to the project, please plan to arrive on:

#### Arrival

Please plan to arrive in Colorado Springs Airport (airport code COS) in the morning or afternoon of August 15.

#### **Departure**

Please plan to depart from Colorado Springs Airport (airport code COS) in the morning or afternoon of August 27.

The airport is about a 45 minute drive from project site. Please book flights that come in before 6 p.m. on the arrival date. If you need to fly in later, please check with the Maranatha office to confirm that your arrival time can be accommodated. Please send your itinerary to <a href="mailto:volunteer@maranatha.org">volunteer@maranatha.org</a> so pick up arrangements can be made.

If you will be leaving before the project end date, please be aware that you may be responsible for arranging your own transportation back to the airport. Please send your itinerary to volunteer@maranatha.org so pick up arrangements can be made.

## **Project Address:**

Cañon City SDA Church 3180 East Main St Cañon City, CO 81212

### **AIG Insurance Coverage**

Maranatha mission projects are construction projects where people can get hurt. It is not possible for Maranatha to analyze everyone's insurance policy to see whether his or her insurance is current and the coverage is in effect at the location of the project. The Maranatha Board of Directors decided that the safest route was to require everyone to be covered by the insurance coverage through Maranatha's carrier. For projects taking place in North America, the cost of this is covered by the hosting organization.

All volunteers will be covered by this insurance policy from the time they depart for the project until they return home. For volunteers who have extended travel by arriving before or staying after a project, the insurance would start and end on the Maranatha project dates based on the project application.

Insurance coverage depends on location of the project and home residency of the volunteer. Both policies are primary policies that do not have a deductible. As with all insurances, exclusions apply. An insurance brochure with the policy information and list of benefits will be sent to you in the confirmation email for this project.

# Safety

Maranatha has a very high safety record on the worksite. This is, in part, because we require everyone on the construction site to wear a hard hat and gloves at all times. Please also wear appropriate safety equipment for the work tasks and wear sturdy shoes. Exercise caution while working on the construction site and be careful when working on or around ladders or scaffolding.

Maranatha requires that every volunteer have a current Tetanus vaccine (within the last 10 years).

#### **Altitude Sickness**

Many parts of the country are located above 8,000 feet above sea level. Canon City sits at 5,331'. These high altitudes puts those visiting these parts of the country at risk for altitude sickness.

Symptoms of altitude sickness range from mild cases of headache, dizziness, shortness of breath, and nausea to more severe cases of extreme fatigue and cerebral or pulmonary edema. Certain medications and preexisting medical conditions including lung or heart disease, asthma, diabetes, and pregnancy can put you at a higher risk for altitude sickness. However, even otherwise healthy individuals can feel mild symptoms due to the lack of oxygen. Symptoms that do not improve could require evacuation to a lower elevation. The best course of action is to take it easy and not over exert in the first few days. Visitors should discuss the trip with their personal physician prior to departing.

Thank you for putting safety first!

# Registration

To register, please complete the online application at maranatha.org, or call to register over the phone. 25 volunteers can be accommodated on this project. Please wait for confirmation from Maranatha before making travel plans.

#### Contact Information

**Phone:** (916) 774-7700 **Fax:** (916) 774-7701

Email: volunteer@maranatha.org

Mail:

Maranatha Volunteers International 990 Reserve Drive, Suite 100

Roseville, CA 95678

# Skills and Packing List

#### Skills

Skills or experience in the following areas would be helpful.

- · Electrical work
- Flooring
- Sheeting

- Plumbing
- General construction
- Carpentry

## **Items to Bring**

□ Underclothes

#### **Tool List**

The following is a list of tools that will be helpful on this project. If you are able to bring any, it would be appreciated. Be sure to mark them with your name since many tools look alike. If you cannot bring some of the tools listed below, please remember to be considerate of those from whom you borrow.

	Nail apron*		Framing nail gun 21-degree
	Hammer* (waffle-faced is best)		Stapler (hammer tacker)
	Tape measure*		Chalk line*
	Level		Saws-all types
	Utility knife*		Skill saw
	Carpenter pencil		Handsaw
	Small square*		Drill-small hand (3/8" or 1/4")
	Roofing Hatchet		Step ladder (6-8')
	Sheetrock T-square		Painting supplies
	Sheetrock hole saw		Broom for cleanup
	Sheetrock hammer		Electric Cord
	Screw guns for sheet rock application		Gloves
	Hardiplank sidings tools		Hard Hat*
	Air hose		
General Packing List  This list is not comprehensive of all that you may choose to bring, but these are several of the items that have been most helpful to volunteers in the past.			
	Good disposition and flexible attitude		Light jacket
	Work pants and shirts		Flip flops or sandals
	Hard hat and gloves		Dress clothes for Sabbath
	Sunglasses or safety glasses		Personal toiletries and sunblock
	Good, close-toed working shoes		Water bottle
	Hat		Camera
	ID and personal insurance information		Bible
	A copy of this packet with Maranatha insurance		Bedding: twin sheet, blanket, or sleeping bag
	information and project addresses		Bedding: air mattress, foam pad, cot
	Personal prescribed medication and any over the		Towel and washcloth
	counter medication you use regularly		Small pillow
	Casual shirts, pants, and shorts		Small alarm clock

□ Earplugs

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# **STORE**

# BUY MARANATHA MERCHANDISE!

Share the spirit of service with Maranatha-themed apparel and accessories.\*

# MARANATHA T-SHIRT \$10



This Maranatha shirt is a poly/cotton heather blend by Bella + Canvas. Color is "heather true royal"; unisex sizing.

# HARD HAT \$13



This MSA V-Gard hard hat, with Staz-On suspension, ensures excellent shock absorption on the job site.



TO ORDER, VISIT MARANATHA.ORG/STORE OR CALL (916) 774-7700

All prices are excluding sales tax and shipping.

# **CAP \$12**





All cotton and easy to pack, this cap is sure to keep the sun off your face on a mission project and at home. Available in Khaki and Navy.

# **WATER BOTTLE \$15**



The autospout water bottle by Contigo features a one-touch-button spout for convenient one-handed drinking. It also has a spout shield to protect the spout from debris and dirt when not in use—perfect for the project site.

# MARANATHA.org

