



# Ultimate Workout 31

**Location:** Kayenta, Arizona, USA

**Project Dates:** July 15-25, 2021 (Staff arrive on July 13)

**Participation Fee:** \$599

**Initial Deposit Deadline:** May 1, 2021

**Final Deadline:** June 1, 2021

*Flight to Phoenix is not included in the participation fee.*



## PROJECT OVERVIEW

The Ultimate Workout (UW) is Maranatha's annual project designed for teens in high school. The *ultimate* goal of UW is to create an experience where participants can **connect with Christ through service**. Whether this is your first Ultimate Workout or your third, prepare for a unique experience.

### Service Activities and Locations

Volunteers will work at the Kayenta Seventh-day Adventist Church and Community Service Center in Kayenta, Arizona. This mission site is located in the Navajo Nation. The large group of volunteers will be divided into smaller teams that will work on the construction of the new school and reach out into the community through a variety of outreach activities. If you're coming on the project with people you know, be prepared to work on a different team from your friends or family. Remember, UW is about stepping outside your comfort zone in order to grow spiritually and socially.



### Kayenta Adventist Church and Community Service Center

In the 1950s the Adventist Church started the operation of a hospital in Monument Valley, Utah. In the following years, the mission site grew to include a church congregation and school, which then started a small daughter church in Kayenta, approximately 30 minutes away. In 1995, Maranatha Volunteers International built a community services building, which would also serve as a small church for the congregation.

Monument Valley Adventist Hospital closed a few years later, but the church and elementary school continued operations until 2017 when they lost access to the property. The members of Monument Valley were disheartened, but they focused their efforts on Kayenta. Recently a donor has come forward to hire a teacher for a small school at the Kayenta mission site. But in order to start a school, they need a new building that will meet the needs of classrooms, bathrooms, and general meeting space.

One of the biggest ways to impact the Navajo community is through education. Many children are victims of sexual and physical abuse, teens often start using alcohol and drugs at a young age, and school drop out rates are high. Some parents seek Christian education outside the Navajo Nation for their children, but when the children return home they can get sucked back into a cycle of alcohol and drugs. The Adventist Church believes that an elementary school, and one day an academy, would not only re-energize the congregation

but also provide a much-needed way to impact children’s lives and make a difference in the entire family unit.

**Construction:** Teen volunteers will work alongside experienced construction leaders on the wood framing of the new school.

**Outreach\*:** Volunteers will have a chance to interact with the local community through outreach activities, which could include a children’s day camp for approximately 50 kids, food distribution, cemetery clean up projects, teen outreach, person-to-person outreach at the local market, and helping elderly community members with home projects.

\*All outreach activities will be dependent on local COVID-19 restrictions and recommended protocols in the Navajo Nation in July 2021.

### Accommodations

Volunteers will stay on site at the Kayenta Adventist Church and Mission Site. Volunteers will need to bring their own tents; we will set them up in a predetermined location separated by gender. The group will meet inside the church for morning and evening worship. Meals will be eaten outside under a shade tent.

### Amenities

Accommodation Style	Volunteers will bring their own tent
Bedding and Towels	Volunteers will bring their own sleeping mat, sleeping bag, and towels
Bathrooms	Stall bathrooms inside church and porta-potties
Showers	Outdoor shower stalls with cold water or hooks for solar showers (for warm water)
WiFi	Not available
Laundry	Volunteers can hand-wash clothes as needed
Electricity	Plugs are limited around campus. You may want to bring an external charger when plugs are not available for the entire group.

## PROJECT SCHEDULE

### Tuesday, July 13

Staff arrival in Phoenix, AZ (PHX)

### Wednesday, July 14

Required staff orientation/ training

### Thursday, July 15

Staff orientation. Participant arrival in Phoenix, AZ (PHX)

### Friday, July 16

Orientation and first work day

### Saturday, July 17

Worship with the local congregation and afternoon sightseeing

### Sunday, July 18 – Friday, July 23

Work days with midweek excursion to Lake Powell

### Saturday, July 24

Worship with the local congregation

### Sunday, July 25

Early morning departure to the Grand Canyon. Evening departures from Phoenix, AZ (PHX)

## Weather

Volunteers can expect temperatures averaging in the upper 80s to mid 90s degrees Fahrenheit during the day. Due to the desert climate, the temperatures cool in the evenings to the mid 60s. While humidity and rain are uncommon in this region, a few light showers could occur. Weather patterns can change suddenly, so Maranatha recommends that volunteers check the 10-day forecast for the project area before traveling.

## Excursions

During the project, one day mid-week and the final Sunday, volunteers will get a chance to see the following attractions in Arizona:

- **Navajo National Monument or Monument Valley:** On the first Sabbath afternoon volunteers will have a choice of two afternoon trips. Navajo National Monument is a small national park where volunteers can take a short hike to a viewpoint where they can see well-preserved cliff dwellings of the Ancestral Puebloan people. Monument Valley is a red-sand region on the Arizona-Utah border that is known for towering buttes rising along the horizon, and it is often featured in movies. Volunteers will have a leisurely drive through the area and will stop for photo opportunities.
- **Lake Powell:** Lake Powell is a man-made reservoir on the Colorado River in Utah and Arizona, upriver from the Grand Canyon. This meandering lake is known for unique canyons and sandstone formations and is a popular destination for recreational boating during the hot Arizona summers. The group will enjoy an afternoon of water recreation at the lake during the week.
- **Grand Canyon:** The Grand Canyon is a 277-mile long, steep-sided canyon carved by the Colorado River in Arizona. It is 18-miles wide at its widest point and reaches a depth of over a mile in some areas. The canyon is known for the colorful bands of different types of rock. The group will have a chance to see the awe-inspiring views from the South Rim of the Grand Canyon on the final day before heading to the airport for their departures home.



# ABOUT NAVAJO NATION

*We encourage volunteers to learn more about the history and culture of the Navajo People prior to joining this project. Here are a few facts to get you started:*

- The Navajo Nation is a Native American indigenous tribe covering more than 27,000 square miles in Arizona, Utah, and New Mexico. The entire area is approximately the size of West Virginia.
- The Navajo Tribe is the largest Native American tribe in the United States. There are more than 330,000 Navajo tribe members and approximately 47 percent live in the Navajo Nation.
- The Navajo People lived in this region for hundreds of years, which was part of Mexico until 1848. In 1864 thousands of Navajos endured a forced removal from their land at the hands of the U.S. Army, called “The Long Walk.” Navajo homes and fields were burned, livestock was killed, and more than 8,000 Navajos were rounded up and marched 300 miles to Fort Sumner, where they lived incarcerated in horrible conditions for four years. A treaty in 1868 established the Navajo Reservation and finally allowed them to return to their homeland.
- The name “Navajo” came from the Spanish. The Navajo often call themselves Diné, which means “The People” in the Athabaskan language of the American Southwest.
- The Navajos are a matriarchal society with inheritance determined through one’s mother.
- People live dispersed across the Navajo Nation due to the limited amount of grazing land and limited availability of water.
- Many Navajos live in impoverished conditions. Within Navajo Nation, more than 35-42% of households fall below the federal poverty threshold, 35% of residents don’t have access to running water, 15,000 people don’t have access to electricity, only 56% have a high school diploma, nearly 30% of the population is reported to have poor or fair health status. Navajo County (where Kayenta is located) is one of the counties with the highest level of food insecurity in the United States.
- The Navajo were instrumental during World War II in the battle of Iwo Jima. The Navajo Code Talkers served in the Marines and transmitted information quickly in the Diné language.
- The Adventist Church has six churches throughout the Navajo Nation or right outside the borders. These churches serve as mission sites and outreach centers for the community.



## Expenses

**Participation Fee:** \$599

**Initial Deposit Due (\$99 minimum):** May 1, 2021

**Final Deadline:** June 1, 2021

All amounts are listed in U.S. dollars. Ages are determined on the start date of the project. Participation fees are tax-deductible.

Payments\* can be made in three ways:

- Check sent to the Maranatha office (include a note with your name and “Ultimate Workout 31”)
- Online using the project payment link in your confirmation email
- Over the phone at (916) 774-7700

*\*Canadian tax-deductible payments must be made by check to the Maranatha Volunteers International (Canada) Association (address located at the end of this information packet) in order to receive a receipt. At this time, Maranatha cannot issue tax-deductible receipts for credit card payments.*

If you are fundraising or receiving donations, please have donations sent directly to you, or work with your local church treasurer to collect funds at the church and issue tax-deductible receipts. Do not have donors send individual small checks directly to Maranatha. If you have questions regarding this process, please contact Maranatha.

If you need help with fundraising, try looking at the creative suggestions from past UW participants by going to [www.maranatha.org/resources](http://www.maranatha.org/resources). Remember to start your fundraising early and focus your efforts on one or two good ideas.

## WHAT'S INCLUDED

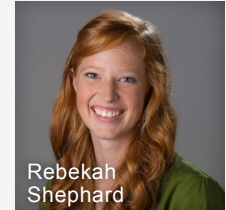
- Camp set up at the church
- Vegetarian meals
- Ground transportation
- Short-term insurance
- Portion of construction costs
- Portion of outreach activities
- Local excursion activities and entrances
- T-shirt and luggage tags
- UW Bible

## ESTIMATE OF ADDITIONAL COSTS

- Flight to Phoenix, AZ:**  
\$200-600
- COVID-19 PCR Test:**  
Depends on insurance coverage
- Notarization of Minor Permission Forms:**  
\$40 (depending on state)

## Leadership

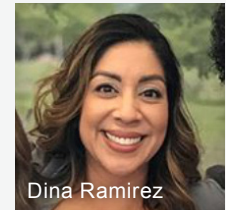
**Lisandro Staut, Project Coordinator** | While originally from Brazil, Lisandro now lives in California, United States, where he is the director of volunteer services for Maranatha. He first joined Ultimate Workout in 2016 and saw firsthand the difference that the project makes in the lives of teenagers. Lisandro and his wife, Thais, have three young boys, Theo, Ben, and Leo.



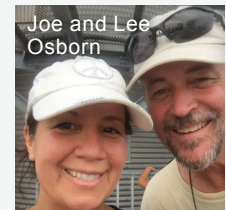
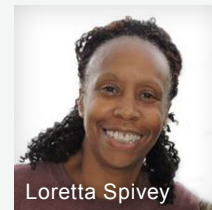
**Rebekah Shephard, Office Coordinator** | Rebekah first became involved with Maranatha when she joined UW at 16 years of age. In 2012, she joined the Maranatha staff to help plan and coordinate volunteer projects. Rebekah loves being able to provide opportunities for people to grow and experience change through service. You will work with Rebekah on all your paperwork and questions regarding the project.



**Brandon Westgate, Spiritual Coordinator** | Brandon is currently the pastor of a three-church district in Arkansas. He has also served as the youth director for the Arkansas-Louisiana Conference and as the camp director for Camp Yorktown Bay. His first Maranatha trip had a positive and profound impact on him and his family, and since then, Brandon has served on many more projects as a pastor helping participants to become active members of the body of Christ.



<b>Ed Jensen</b>	Team Coordinator
<b>Stacy Peterson</b>	Team Coordinator
<b>Dina Ramirez</b>	Team Coordinator
<b>Loretta Spivey</b>	Team Coordinator and Co-Spiritual Coordinator
<b>Joe and Lee Osborn</b>	Team Coordinators



Maranatha will also rely on several experienced volunteers to lead in the construction, cooking, community outreach, and more.

## Communication During the Project

**Phones and Other Devices** | Electronic devices tend to be a distraction from the mission trip experience. We want volunteers to be fully present, so during the project we'll "disconnect." Below is our policy for phone and electronics usage. If a staff member sees you distracted, he or she may choose to keep your device for the remainder of the trip.

- Cell phones are permitted and encouraged during your travel to and from Phoenix.
- During the project cell phones MUST be kept in plane mode during the project. They can be used for photos and videos, but phone and video calls, texting, social media apps, and games are not permitted.
- During the project, other electronic devices including music players and game devices are not allowed
- WiFi will not be available at the camp.

**Updates from the Project** | Once ALL the volunteers have arrived, all registration email addresses will receive a notification via email. Maranatha will post photos and updates on our Facebook and Instagram pages when possible. Beyond that, we operate on the mantra of "no news is good news."

# TRAVEL INFORMATION

- Confirmed volunteers are responsible for booking their own plane tickets.
- Carefully follow the flight guidelines to ensure you have the right dates and times. If you are unclear, contact Maranatha **BEFORE** you book your ticket to avoid additional fees.
- Teens will receive a travel booklet that walks them through each step of the travel process.
- UW staff will meet teens at the airport baggage claim area. Be sure to wear your UW t-shirt so we can recognize you in a crowd.
- Once you purchase your flight, forward your itinerary to Maranatha at [uw@maranatha.org](mailto:uw@maranatha.org)
- If you miss a flight or your flight is cancelled, work with the airline to arrange a new flight and notify Maranatha. You will receive an after-hours emergency number prior to departure for the project.
- Minors can purchase an airline escort who will help you on each leg of your journey. You will need contact information for the person meeting you at the airport. Email [uw@maranatha.org](mailto:uw@maranatha.org) for this information.



## Arrivals and Departures

Specific arrival and departure guidelines will be given to you upon registration and confirmation. Please do not book a ticket until you have been confirmed and received these guidelines, as booking outside of the given windows will result in additional fees.

## Travel Resources

- **Butler Travel:** 503-879-5005 or by email with Nathanael at [nathan@butlertravel.com](mailto:nathan@butlertravel.com) or with Ellen at [ellen@butlertravel.com](mailto:ellen@butlertravel.com).
- **CI Azumano Travel:** 800-454-4009 or by email with the Azumano Team at [corporatetravel@ciazumano.com](mailto:corporatetravel@ciazumano.com)

## Luggage Allowances

Each airline is different, so please check with your airline or travel agent for luggage weight and piece allowances for each portion of your itinerary. In addition to your checked bags, airlines usually allow one carry-on item, as well as a personal item, such as a purse or small day pack. Sometimes bags are delayed, so please bring your personal medications and a day's worth of clothes and toiletries in your carry-on luggage, along with your ID and any cash or valuables.

## Required Paperwork

Below are the requirements for U.S. citizens. Those joining from outside the United States would also need a valid passport and tourist visa (depending on citizenship).

### COVID Requirements |

- Volunteers will need to submit negative COVID-19 PCR test results dated within 72 hours of arrival and complete a COVID-19 symptom check and waiver prior to the project.
- Please check with your airline for any specific requirements including mask usage and COVID-19 test requirements.

**Parental Consent Form |** If a legal minor (under the age of 18 on the date you depart) is traveling without both parents or legal guardians, Maranatha requires a parental consent form.

This form confirms that both guardians have consented to their child joining the project with an appointed person and Maranatha. It also gives Maranatha permission to treat the child medically in case of an emergency.

You will receive this permission form once you are confirmed. **Mail one notarized original** to Maranatha and **keep one notarized original** with you as you travel.

### Special Circumstances

- **Divorced Parents:** Both parents must still sign the form. If one parent has sole legal and physical custody, provide a copy of the divorce decree stating such
- **Deceased Parent:** Provide copy of death certificate
- **Legal Guardians:** Provide a copy of guardianship paperwork
- **Other Situations:** Contact Maranatha for guidance



# LIFE ON ULTIMATE WORKOUT

Volunteers on Maranatha projects come from a variety of backgrounds and lifestyles. As we all become one big family for two weeks, we will need to refrain from some of our personal desires and freedoms and adopt the lifestyle of the group. Remember that the best for the entire group might not be what you consider the best for you.

## Religious Differences

UW is open to individuals from all faiths. We simply ask that all volunteers come into the project with an attitude of respect toward one another, and volunteers are expected to join the group for daily worships and church services on Saturday. This project is about connecting with Christ, not converting to a specific religion. All are welcome to join us in this growth experience!

## Flexibility

“FLEXIBILITY” is the key word in all mission trips. We will create our plan, but we can guarantee that there will be plenty of surprises thrown our way. Our flexibility will be tested by things like tent mates, the weather, and last minute schedule changes. If we aren’t flexible, we’ll have plenty to feel miserable about, and we will lose out on opportunities to serve others and improve ourselves. Flexibility enables us to grow without breaking.

## Cultural Sensitivity

Sometimes people get a bad reputation by thinking that any culture outside of their own is weird or even wrong. This is called being “ethnocentric,” and we’d like for us to avoid this type of thinking while on the project. Even though we will be in the United States, which is home to many of those joining the project, the Navajo Nation does have unique aspects to their culture, and it’s important to enter another culture with respect and to understand their way of life.

How would you feel if a bunch of strangers showed up at your church or school and started sticking cameras in your face as you sang the opening hymn? Or what if someone refused to take off their shoes when they entered your home? We’ll try to be respectful by adapting some of our habits to their lifestyle and by asking permission before taking photos.

## Dress Code

Part of being culturally sensitive is also being sensitive to the Adventist congregations we’ll be working with. We will try to be sensitive to this and respectful by NOT wearing the following:

- Short shorts
- Tank tops or spaghetti straps (including dresses)
- Shirts with violent graphics
- Bikinis or speedos
- Jewelry

## Drugs, Alcohol, and Weapons

We ask that volunteers refrain from using alcohol, tobacco, marijuana, or other recreational drugs. If you are unwilling to follow this practice during the Ultimate Workout, please reconsider participating on this mission trip. If during the project you find that you are unable to refrain, please consult with the project coordinator and/or site pastor.

Weapons of any kind are prohibited.

## Spending Money

Typically volunteers bring \$20-100 for souvenirs and snacks during the excursion day and airport travel. How much you bring depends on how much you want to spend.

# SAFETY

While Maranatha does everything in our power to ensure the safety of our volunteers, it is advisable to do your own research when it comes to safety precautions.

## Travel Safety

- The staff is there to help you. Follow their rules and suggestions.
- Always tell a staff member where you're going and don't go alone.
- Leave valuables (expensive or sentimental) at home.
- Be aware of your surroundings. If you think anything is wrong or concerning, tell a staff member immediately.
- Watch your wallet, phone, and backpack; don't leave things unattended, even at camp.

## Worksite Safety

Maranatha has a very strong safety record on the worksite. The safety equipment you'll need will depend on the project scope and what job you do (see packing list). Hard hats and closed-toe shoes are required on all job sites.

## Short-Term Travel Insurance

All UW volunteers are covered under a primary insurance policy. This policy covers accidents and illnesses during the Maranatha coverage dates. As with all insurances, some exclusions apply. Maranatha does not carry or maintain health, medical, workers compensation, or disability insurance coverage. The medical and accident policy coverage can be found at: <http://www.maranatha.org/insurance>.

You will receive a brochure with more information, phone numbers, and the policy number in your final mailing.

## Background Checks

Since the UW project is specifically designed for teenagers, Maranatha requires a background check for all adult leaders over the age of 18. The background check remains valid for two years. If you are staff, you will receive more information about this process that will need to be completed at least six weeks prior to the project.

# MEDICAL PRECAUTIONS

While Maranatha does everything in our power to ensure the safety of our volunteers, it is also advisable to do your own research when it comes to the medical precautions. If at any time during the project you start to feel sick, speak with the project medical professional and the project leader as soon as possible.

## COVID-19 and Other Viruses

When traveling, you may be exposed to viruses, such as the recent COVID-19 virus. We recommend a few simple tips to minimize your risk. Depending on the situation when this project takes place, some of these precautions (such as mask usage when in larger groups) may be required during the project.

- Practice social distancing by keeping a distance of 6 feet between you and others when possible.
- Wear a face covering over your nose and mouth.
- Avoid close contact with people who are sick.
- Self-monitor for symptoms such as cough and fever.
- Wash your hands often, with soap and water, for at least 20 seconds.
- If you don't have access to soap and water, use hand sanitizer with at least 60 percent alcohol, rubbing your hands until dry.
- Avoid touching your face, especially your eyes, nose, and mouth.

**CONSTRUCTION SITE SAFETY RULES**

- Hard Hats Required
- Closed-toe Shoes Required
- Personal Safety Items
  - Eye Protection
  - Ear Protection
  - Masks
  - Gloves
  - Long Pants
- Use care with ladders and scaffolding
- Stay Hydrated
- No Horseplay

MARANATHA VOLUNTEERS INTERNATIONAL

- Clean and disinfect frequently touched surfaces using disinfectant wipes.
- Wash your hands after shaking hands with others or handling cash.
- Get adequate sleep.
- Drink plenty of purified water.
- Try to eat a well-balanced diet, avoiding sugar.

## MEDICAL REQUIREMENTS

### Tetanus Vaccine

**Negative COVID-19 PCR test results dated within 72 hours of arrival**

Maranatha will require all confirmed volunteers to submit negative COVID-19 PCR test results within 72 hours of arrival at the project.

## Allergies and Dietary Restrictions

Maranatha provides three vegetarian meals each day. We ask for your allergies on your registration form and will do our best to accommodate your needs. However, on large projects, it is challenging for our cooks to accommodate special requests. If your diet is very restrictive (vegan, gluten free, etc.) we recommend that you bring items such as soy milk powder, gluten-free bread, etc. to supplement the meals provided by the cooks.

## Stray Dogs

The communities where we'll work may have several street dogs. Some can be very aggressive and most carry a variety of diseases. While they are very cute to look at, please do not try to touch, pet, or approach any of the animals during the project.

## Sunburn and Dehydration

Kayenta is located at nearly 6,000 feet elevation, so the sun is much stronger than you may be used to at home. Protect yourself from sunburn by using plenty of sunscreen and wearing a hat. You can still get burned even when it's cloudy! When working hard, it is important to stay hydrated. You may consider bringing powdered Gatorade or another electrolyte replacement to add to your water.

## REGISTRATION PROCESS

1. Complete online registration form
2. Check email
3. May 1: Make \$99 deposit
4. Book flights
5. June 1: Submit itinerary, recommendations, and parental consent form
6. Check emails for final information
7. July 12/14: Submit negative COVID-19 PCR test results dated within 72 hours of arrival and COVID-19 waiver

\*If for any reason you need to cancel your participation, deposits are refundable up until six weeks prior to the project (unless noted otherwise). Cancellations within 30 days of the project are subject to a \$150 per-person fee, and the remainder will be refunded depending on the project arrangements already made on your behalf.

## CONTACT INFORMATION

**Phone:** (916) 774-7700

**Fax:** (916) 774-7701

**Email:** [volunteer@maranatha.org](mailto:volunteer@maranatha.org)

**Website:** [www.maranatha.org](http://www.maranatha.org)

**Mailing Address:**

Maranatha Volunteers International  
990 Reserve Drive  
Suite 100  
Roseville, CA 95678

**Canadian Payments Only:**

Maranatha Volunteers International  
(Canada) Association  
c/o V06494C  
PO Box 6494, Station Terminal  
Vancouver, BC V6B 6R3  
CANADA

# WHAT TO TAKE

Updated June, 23 2021

## Work Wardrobe

- Long work pants (2-4 pairs)
- T-shirts and/or long-sleeved cotton shirts for work (5-7)
- Strong, flexible construction gloves (REQUIRED)
- Hard hat (REQUIRED)
- Gardening gloves
- Handkerchief or bandana for neck protection
- Sunglasses or safety glasses
- Sturdy work shoes (boots preferred to avoid tumbleweed spikes)

## Tool List

- Hammer (waffle-faced is best)
- Measuring tape (25')
- Nail apron
- Carpenter pencil
- Gardening trowels and hand rakes

## Specific Tools

*There are more specific tools needed for the construction of the school. If you have access to power tools (i.e. skill saw, chop saw, nail guns, air compressors, etc) or other specialized tools and could bring them on the project, please contact Maranatha for a detailed list of the tools needed for this project.*

## Items to Remember

- Maranatha t-shirt
- Government issued ID or passport (for air travel)
- Copy of your flight itinerary
- Minor Consent Form (for those under 18)
- Negative COVID-19 PCR test results
- Face mask(s) or covering(s)
- Personal prescribed medication (in carry-on) as well as items like Tylenol, Band-Aids, Pepto Bismol etc.
- Shoes and socks
- Underclothes
- Slacks
- Casual shirts and tops
- MEN- Dress shirt and tie for

- Sabbath
- WOMEN- Dresses and/or skirt and blouse with sleeves for Sabbath
- Hat for sun protection
- Sleepwear
- Shorts
- Modest swimsuit (one piece or swimshirt)
- Light jacket
- Flip-flops or sandals
- Personal toiletries (soap, deodorant, etc.)
- Hand sanitizer
- Insect repellent
- Sunblock (SPF 30+)
- Lip balm (with sunblock)
- Water bottle (large opening and insulated recommended)
- UW Bible
- Camera, batteries, and memory cards
- Flashlight with extra batteries
- Tent
- Small pillow
- Towel and washcloth
- Bedding: Sleeping bag or sheets and blanket
- Bedding: Air mattress, foam pad, cot
- Cash for meals in airports, souvenirs, or special projects that may come up
- Kitchen Request: MEN - 1 Can Vegetarian Hot Dogs
- Kitchen Request: WOMEN - 1 Can Fri-Chik

## Optional Items

- Lightweight daypack or similar bag
- Journal and pens
- Solar shower (if you want hot water)
- Powdered Gatorade or equivalent Nuun or Camelback electrolyte tablets (for overcoming dehydration)
- Earplugs
- Small alarm clock
- Mirror
- Snacks
- Battery-run personal fan

- Small instrument you play
- Binoculars
- Supplemental items for specific diets (gluten free, vegan, etc)
- Beach towel, chairs, toys, inflatables, etc

## Optional Outreach Items

- Money for purchasing items locally (this helps the local economy)
- School supplies: pens, pencils, erasers, notebooks, backpacks
- Christian books and pamphlets
- Bibles and hymnals
- Group toys (jump ropes, soccer balls, balloons, bubbles, water balloons, etc.)
- Toothbrushes and toothpastes
- Reading glasses (non-prescription)
- Health education literature

## Requested Day Camp Items

*We need a certain number of each of these items for the children's day camp. See how many we still need of each by clicking: <https://bit.ly/3ifA6rP>. Email [uw@maranatha.org](mailto:uw@maranatha.org) to tell us how many you're willing to bring.*

- Cotton balls
- Stickers (smiley faces, hearts, nature)
- Glue sticks
- Safety scissors
- Colored construction paper
- Glitter glue packets
- Water balloons
- Duct tape
- Colored index cards
- Crayons, markers, or colored pencils
- Coloring books
- Sidewalk chalk

# THE MARANATHA

# STORE

## BUY MARANATHA MERCHANDISE!

Share the spirit of service with Maranatha-themed apparel and accessories.\*

### MARANATHA T-SHIRT \$10



This Maranatha shirt is a poly/cotton heather blend by Bella + Canvas. Color is "heather true royal"; unisex sizing.

### HARD HAT \$13



This MSA V-Gard hard hat, with Staz-On suspension, ensures excellent shock absorption on the job site.

**MARANATHA.ORG**

\*All confirmed volunteers on an International Maranatha Open Team receive a Maranatha t-shirt as part of their participation fee.



**TO ORDER, VISIT [MARANATHA.ORG/STORE](https://www.maranatha.org/store) OR CALL (916) 774-7700**

All prices are excluding sales tax and shipping.

### CAP \$12



All cotton and easy to pack, this cap is sure to keep the sun off your face on a mission project and at home. Available in Khaki and Navy.

### WATER BOTTLE \$15



The autospout water bottle by Contigo features a one-touch-button spout for convenient one-handed drinking. It also has a spout shield to protect the spout from debris and dirt when not in use—perfect for the project site.

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