



A fun and easy way for kids to learn about missions.

Hello Parents,

This week, meet a woman named Lina, who lives in the African island nation of São Tomé and Príncipe. Lina's legs were amputated years ago because of an infection, so she must walk on her hands to get around. Despite her handicap, Lina has been able to provide for her family by sewing or farming.

One thing Lina does need help with is her laundry. Her clothes get very dirty from having to drag herself across the ground. She hired a woman to help wash her clothes, but when the woman had to quit, it set in motion a series of events that eventually led to Lina becoming an Adventist and hosting 40 people at her house each Sabbath for church.

In today's story, your kids will see how the smallest act of service made a big impact in Lina's life. Perhaps it will help them to consider the ways they can serve others.

### Pre-video Discussion Questions

- Have you ever been injured and unable to do things the way you normally would? What was that like? Was it fun, easy, or hard?
- Have you ever had to do your laundry? If so, what is it like? If not, ask the person who does your laundry to tell you what it's like to do your dirty laundry.

### VIDEO

In today's video, see how the smallest act of service made a big impact in Lina's life.

### Post-video Discussion Questions

- Why do you think Lina didn't want the Adventist church members to do her laundry?
- Why do you think Lina grew to become friends with those who did her laundry?
- When we do kind things for others, how does it change how they look at us?
- In the Bible, Jesus washed his disciples feet, which was a shocking thing for Him to do. Walking on dusty roads in sandals all day meant people's feet were very dirty, so usually only servants washed someone else's feet. But Jesus showed His disciples that when we love God, we are willing to serve anyone, even if it gets dirty. What is an act of service that you could do for someone else this week?

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### **Prayer Points**

- For God to show you small acts of service you could do for someone.
- Ask kids what they would add to the prayer list.

### **Did You Know?**

- The official language of the São Tomé and Príncipe is Portuguese. It is the smallest Portuguese-speaking country in the world!