



A fun and easy way for kids to learn about missions.

Hello Parents,

This week, follow teen volunteer Elise Hall to Kenya as she serves on Maranatha's annual mission trip for high schoolers, Ultimate Workout. In 2019, Elise and 110 other Maranatha volunteers served at the Kiutine Adventist School to construct two buildings and conduct community outreach. Along the way, your kids will see how missions challenged Elise and inspired her to become a better person and grow in her faith.

Pre-video Discussion Questions

- What is the most amazing thing you have ever done or accomplished on your own? Why are you proud of it?
- What is the biggest thing you want to do or accomplish in your lifetime?

VIDEO

In today's video, watch how a normal teenager from Texas took an extraordinary journey across the globe to serve God.

Post-video Discussion Questions

- How would you feel to have to live and learn in the places the Kiutine students had to go to school in?
- How do you think the volunteers felt about helping the students have better buildings to live in?
- What is an experience you have had that taught you something about yourself and the type of person you are?
- When God chose Moses to lead the children of Israel out of slavery, Moses didn't want to. He made a bunch of excuses. He thought it would be too hard for him to accomplish this big thing for God. But God used Moses anyway, even though Moses was uncomfortable. Why is it important for kids like you to go out and be in situations that might be a little bit challenging or uncomfortable?

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Prayer Points

- Teenagers who might be thinking about going on the next Ultimate Workout.
- That you would see what big things God may want to use you for now, or in the future.
- Ask kids what they would add to the prayer list.

Did You Know?

- In 2020, Ultimate Workout celebrated its 30th mission trip virtually due to the COVID-19 pandemic. Teenagers safely volunteered in their hometowns, serving wherever they could, then met together on Zoom for worship and discussions.