



# Peru Project

**Location:** Lima, Peru

**Project Dates:** April 15-25, 2021

**Optional Excursion:** April 25-27, 2021

**Total Fee:** \$895\*

**Children 12 and under:** \$745

**Optional Excursion:** \$500

**Final Deadline:** March 1, 2021

*\*All amounts are listed in U.S. dollars.*

*International flights are not included in the participation fee*



## PROJECT OVERVIEW

Volunteers on this project will work with a church located just north of Peru's capital city, Lima. In each neighborhood, the group will help with the construction needs of the church as well as join the members in what they're already doing for outreach in their communities.

### Los Milagros Seventh-day Adventist Church

The Los Milagros congregation started meeting in the early 2000s when members moved to the suburbs, north of Lima, and there was no Adventist presence in the neighborhood. Members met together in homes, and in 2007 they built their existing church. Their facility is nice but does not provide the space for growth that they need and does not have the structural strength that a Maranatha church provides.

**Construction:** Volunteers will pour the floor and foundation for the new building and assemble the church frame. Pouring the foundation is hard work but vital to the strength of the building. It involves tying rebar cages, mixing concrete, and leveling the floor. Once the floor has set, volunteers will use drills and screws to assemble the metal structure.

**Outreach\*:** The church has a vision for how to reach the surrounding community, and volunteers will join them in their efforts by conducting an extensive children's ministry program for about 100 children, as well as a baby wellness or parenting outreach program to draw people to the church.

\*Outreach activities will be dependent on any physical distancing protocols required or recommended in this region of Peru at the time.

## COVID-19

Maranatha is moving forward on preparations for this mission trip in faith that the project will take place as planned. However, there is always a chance that situations will change as countries adapt to the pandemic. If you are planning on participating, please go ahead and register. However, you may consider waiting to book flight itineraries or choose to purchase additional flight insurance to minimize potential risks, such as schedule adjustments or flight cancellations. We will update you if the status of this project changes.

## MARANATHA IN PERU

*Maranatha is a responsive organization that works with the Seventh-day Adventist Church; all efforts are by invitation from local leadership.*

Between 2004 and 2006, Maranatha constructed nearly 100 churches in Peru to provide places of worship for the growing number of congregations. As Seventh-day Adventist membership has continued to grow in the country, church leadership in Peru asked Maranatha to return to build more churches and schools. The first project for this latest effort began in late 2019.

## Accommodations

Our group will stay in guest rooms at the Papa Francisco Center, a primary school that runs a girls shelter on campus. The proceeds from their guest rooms goes towards the girls' education and housing expenses. The accommodations are adequate, safe, clean, and simple. There is a kitchen and dining area for our group, plus a meeting area for worship.

Individuals should plan on staying in double or triple occupancy rooms with a roommate. If you would like to room with someone in particular, please let us know prior to the final deadline of the project. Volunteers wishing to stay in a private room can upgrade to a single room for \$250 per person. Please contact Maranatha to make these arrangements prior to the final deadline. At this time, single occupancy is not available on the excursion.

## Amenities

Room Style	Two or three twin beds
En-Suite Bathroom	Yes
Hot Water	Yes
Bed Linens	Blankets and small pillows provided. Volunteers will need to bring their own sheets.
Towels and Washcloth	No, volunteers will need to bring their own
Air Conditioning	No
WiFi	No
Laundry	Yes, at an additional expense
Pool	No
Distance to Work Locations	10 min

## PROJECT SCHEDULE

### Volunteer Project

Thursday, April 15  
Arrival in Lima, Peru

Friday, April 16  
Orientation, first work day

Saturday, April 17  
Worship with the local congregations

Sunday - Friday, April 18-23  
Work days

Saturday, April 24  
Worship with the local congregations

Sunday, April 25  
Departure from Lima, Peru, or continue on optional excursion

### Optional Excursion

Sunday, April 25  
Travel to Cusco, Peru

Monday, April 26  
Machu Picchu

Tuesday, April 27  
Sacred Valley tour and evening departures from Cusco

## Excursions

Maranatha projects usually include a short excursion and may offer an extended excursion as an optional add-on. If you choose to add any other excursions without Maranatha, please schedule them for before or after the project dates, so you won't miss out on any of the Maranatha experience.

### Included Excursion - Ancon Beach and Lima

On the final Friday afternoon, if construction has wrapped up smoothly, the group will travel about 45 minutes away to a beach town called Ancon where volunteers can explore the little beach swimming area. Then, on Sunday, the group will enjoy a day in the Miraflores district of Lima where they'll visit the remains of ancient ruins called Huaca Pucllana. Those doing the optional Machu Picchu excursion will head to the airport; everyone else will continue their day in Lima. They'll have the chance to shop for souvenirs and stroll through the modern Larcomar shopping center or the colonial old town neighborhood before heading to the airport in the evening to catch flights home.

### Optional Excursion - Machu Picchu - \$500

Machu Picchu is one of Peru's most popular tourist destinations, located high in the Andes Mountains. The ruins of this ancient Incan city have been voted one of the "New" Seven Wonders of the World, and it is a UNESCO World Heritage Site. It was originally built in 1450 as an estate for the Incan emperor, but it was abandoned during the Spanish Conquest. The ruins are truly a sight to behold with the city set on a grassy plateau and the peak of Huayna Picchu behind it.

This excursion is an additional \$500 per person. The fee covers double-occupancy accommodations for two nights, all meals, ground transportation, insurance, and all entrance fees and tour guides. Flights are not included; see the travel information section below.

Deadline: Non-refundable train tickets must be purchased on March 1. On this date, \$250 becomes non-refundable. Please include passport copies with your registration.



<b>Sunday, April 25</b>	<ul style="list-style-type: none"> <li>• Travel on a specific flight to Cusco</li> <li>• Travel down into the Sacred Valley to Urubamba, which will help you adjust to the altitude</li> </ul>
<b>Monday, April 26</b>	<ul style="list-style-type: none"> <li>• Travel by bus and train to the town of Aguas Calientes</li> <li>• After lunch, go on guided tour of the Machu Picchu ruins</li> <li>• Return to hotel for dinner</li> </ul>
<b>Tuesday, April 27</b>	<ul style="list-style-type: none"> <li>• Visit sites in the Sacred Valley</li> <li>• Explore old town district of Cusco, souvenir shopping opportunity</li> <li>• Afternoon and evening departures from Cusco</li> </ul>

## TYPICAL DAILY SCHEDULE

7:00 a.m.	Breakfast
7:30 a.m.	Group worship
8:00 a.m.	Depart for construction/clinics
12:00 Noon	Lunch
5:00 p.m.	Return from work
6:00 p.m.	Dinner
7:00 p.m.	Group worship

The key word for mission trips is FLEXIBILITY. The above schedule is our plan, but it may be adjusted due to weather or other unforeseen circumstances.

## Leadership

**David and Judy Shull** Construction Superintendent and Project Coordinator

## We Need Your Help

The team is looking for a few additional leaders. If you would be interested in leading out in any of these areas, please contact Maranatha at (916) 774-7700.

- Cook
- Team Medic

## Expenses

**Participation Fee:** \$895

**Children 12 and Under:** \$745

**Optional Machu Picchu Excursion:** \$500

**Final Deadline:** March 1, 2021

All amounts are listed in U.S. Dollars. Ages are determined on the start date of the project. Participation fees are tax-deductible. Excursion fees are not tax-deductible.

Payments\* can be made in three ways:

- Check sent to the Maranatha office in California (include a note with your name and "Peru Project April 2021")
- Online using the project payment link in your confirmation email
- Over the phone at (916) 774-7700

*\*Canadian tax-deductible payments must be made by check to the Maranatha Volunteers International (Canada) Association (address located at the end of this information packet) in order to receive a receipt. At this time, Maranatha cannot issue tax-deductible receipts for credit card payments.*



David & Judy Shull

## WHAT'S INCLUDED

- Accommodations
- Vegetarian meals
- Ground transportation
- Short-term insurance
- Portion of construction costs
- Portion of outreach activities
- T-shirt and luggage tags
- Local excursion activities and entrances



If you are fundraising or receiving donations, please have donations sent directly to you, or work with your local church treasurer to collect funds at the church and issue tax-deductible receipts. Do not have donors send individual small checks directly to Maranatha. If you have questions regarding this process, please contact Maranatha.

## ABOUT PERU

- Peru is located on the western coast of South America.
- The country has three distinct regions: the coastal desert, the Andes Mountain highlands, and the tropical Amazon basin.
- The Incan Empire ruled the region until the 1500s when Spanish conquistadors invaded.
- The Quechua and Aymara people are two cultural people groups in Peru that descended from the Incas.
- Peru is currently the 48th largest economy in the world.
- The Seventh-day Adventist message came into Peru in the early 1900s

### Foreign Cash

Peru uses the Sol, which has an exchange rate of approximately 3 Soles to \$1 USD (July 2020). This exchange can be made at the airport, or the project coordinator can also exchange money for you at a flat rate in increments of \$10. Many countries offer better exchange rates for larger bills (\$50s and 100s), so if you bring small bills you might get a different exchange rate. Any cash you bring should be in new, unmarked, and untorn bills.

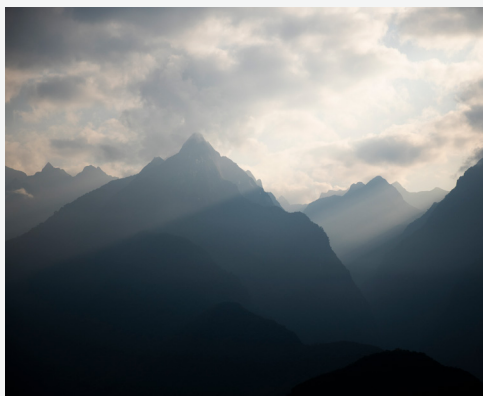
While some establishments accept credit and debit cards, most small shops only accept cash. It is wise to let your credit card company know the dates you will be traveling so they don't block your card when you use it in a foreign country.

### Tipping

Your project coordinator will take care of paying tips on group excursions. If you feel like someone (guide, hotel staff, etc) has provided excellent service during your trip, you are more than welcome to show your gratitude with additional tips. If you have any questions during the project about whether or not tipping would be appropriate, your project coordinator or Maranatha in-country support staff can help you understand the local culture.

## ESTIMATE OF ADDITIONAL COSTS

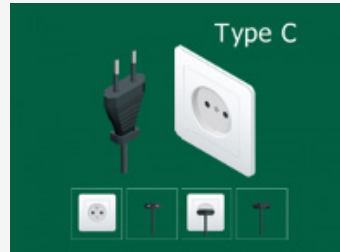
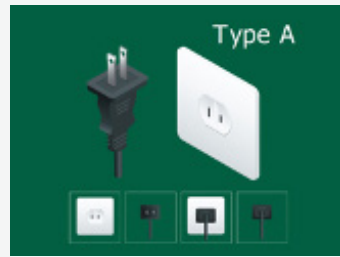
- Flight to Lima, Peru: \$800-1200
- Passport: \$130 or \$110 for renewal
- Optional Excursion: \$500
- Domestic Flight (Optional Excursion): \$100-200



## Electricity

- **Current:** 220-240 volt AC
- **Outlet:** Type A and C

Non-dual-voltage appliances will need a voltage converter in addition to the plug adapter. Grounded plugs and plugs similar to Type A, but with prongs of different height (standard in the U.S), will not usually work in Peru.



## Weather

Weather patterns can change suddenly, so Maranatha recommends that volunteers check the 10-day forecast for the project area before traveling.

**Lima** | Lima has mild weather year-round. Expect temperatures in the mid 60s to upper 70s. Lima is the second driest capital city in the world and rarely experiences any precipitation.

**Cusco** | Expect cool temperatures in the low 40s and low 60s during the day and dipping into the low 40s at night. It can be windy up in the mountains. It will also be the start of the rainy season, so afternoon thunderstorms will be common.

## TRAVEL INFORMATION

Please complete the online registration and wait for confirmation from Maranatha before purchasing your airfare.

If this is your first time traveling abroad (or you need a refresher course), you may want to check out Maranatha's [International Traveler Guide](#) (available at [maranatha.org](http://maranatha.org) under volunteer resources), which shares tips on everything from booking travel to communicating with those at home.

## Flights

Please be careful to follow these guidelines when booking your travel. If you arrive or depart outside these posted windows, you may have long wait times at the airport or be responsible for paying the additional transportation costs for your individual airport transfer. If you have questions about your itinerary, please contact Maranatha prior to booking to avoid any additional charges.

For those joining the excursion, sometimes booking the domestic ticket and your international flights together can be difficult. A travel agent can help you look at all flight options. It might be more cost effective to book a round trip ticket to and from Lima and book your domestic tickets separately. Maranatha recommends leaving Cusco before 6:00 p.m. as later flights are often cancelled if the weather is stormy. Make sure your return itinerary has a long enough layover in Lima to pick up your bags and check in for your international flight home.

## Project Only

**Arrive:** Lima, Peru (LIM) Thursday, April 15, between 12:00 a.m. and 2:00 a.m. OR between 6:00 a.m. and 8:00 a.m. OR between 7:20 p.m. and 11:55 p.m. *Morning arrivals are preferred. Anyone arriving outside the time frames will need to wait until the next pick up time.*

**Depart:** Lima, Peru (LIM) Sunday, April 25, between 6:00 p.m. (on the 26th) and 2:00 a.m. (on the 27th). *There is no hotel planned for the night of the 26th.*

## FACTS AND FIGURES

**Capital:** Lima

**Population:** 31.1 million (July 2018)

**Language:** Spanish, Quechua, Aymara

**Climate:** Varies by region and altitude. Dry in the west, tropical in the east, temperate to frigid in the Andes.

**Religion:** Catholic 60%, Protestant 15%, unspecified 21%

**Currency:** Peruvian Sol

## Optional Excursion

- Arrive: Lima, Peru (LIM) Thursday, April 15, between 12:00 a.m. and 2:00 a.m. OR between 6:00 a.m. and 8:00 a.m. OR between 7:20 p.m. and 11:55 p.m. Morning arrivals are preferred. Anyone arriving outside the time frames will need to wait until the next pick up time.
- Transfer: Book Latam Airlines Flight # 2043, on Sunday, April 25, from LIM to CUZ departing at 3:00 p.m.
- Depart: Cusco, Peru (CUZ) Tuesday, April 27, after 5:00 p.m.

## Arriving Early or Staying Late?

You may choose to extend your travel before or after the project. Since our volunteers bring so much to the shared experience of the project, we ask that you participate in the entirety of the Maranatha project (during the advertised dates). Any additional travel outside of the Maranatha project should be scheduled for before or after the project dates to avoid mid-project interruptions. If you choose to add additional travel, you are responsible for making your own hotel and transportation arrangements for the time outside of the arrival and departure windows listed above. If you have any questions, feel free to call Maranatha at (916) 774-7700.

## Travel Resources

- **CI Azumano Travel:** 800-454-4099 or by email with Erle Dpenha or Azumano Team at [corporatetravel@ciazumano.com](mailto:corporatetravel@ciazumano.com)
- **Butler Travel:** 503-879-5005 or by email with Nathanael at [nathan@butlertravel.com](mailto:nathan@butlertravel.com) or with Ellen at [ellen@butlertravel.com](mailto:ellen@butlertravel.com).

## Entry Requirements

Below are the requirements for U.S. and Canadian citizens. If you hold a passport from another country, please consult the Peruvian embassy or consulate in your home country for entrance requirements.

**Passport |** All passports must be valid for at least six months from the dates of intended travel (October 27, 2021). If you do not have a passport, United States (U.S.) citizens can apply at any U.S. post office or online at <http://travel.state.gov>. Canadian citizens can apply online at [www.passport.gc.ca](http://www.passport.gc.ca). It can take up to two months to complete the entire process, so plan accordingly to give yourself enough time to receive your passport.

**COVID Requirements |** At this time we do not know what additional requirements the Peruvian government or specific airlines will put into place for travelers due to the COVID-19 pandemic. Limitations could exist for visitors from certain countries or states. Requirements could include a clear COVID test within a certain time before travel, temperature checks, mask usage, health questionnaire, and sanitization of hands and shoes. Volunteers should check with their airlines prior to travel and Maranatha will send updates as more information becomes available.

## Traveling With Minors

**Birth Certificate |** Countries continue to make efforts to prevent child-trafficking, so some hotels and airports require proof of parent-child relationships, even if your child is a teenager. Maranatha recommends guardians bring a copy of their child's birth certificate and any other documents (guardianship papers etc) to answer these questions.

**Parental Consent Form |** If a legal minor (under the age of 18 on the date you depart) is traveling without both parents or legal guardians, Maranatha requires a parental consent form. This form confirms that both guardians have consented to their child leaving the country with an appointed person and Maranatha. It also gives Maranatha permission to treat the child medically in case of an emergency.

You can find this form online at [www.maranatha.org/resources](http://www.maranatha.org/resources). Mail one notarized original to Maranatha and keep another notarized original with you as you travel. The form will ask for two appointees. The first will be the guardian traveling with the minor. The other will be Judy Shull, Maranatha's project coordinator.

## Special Circumstances

- **Divorced Parents:** Both parents must still sign the form. If one parent has sole legal and physical custody, provide a copy of the divorce decree stating as such.
- **Deceased Parent:** Provide copy of death certificate.
- **Legal Guardians:** Provide a copy of guardianship paperwork.
- **Other Situations:** Contact Maranatha for guidance.

## Luggage Considerations

Please check with your airline or travel agent for luggage weight and piece allowances for each portion of your itinerary. In addition to your checked bags, airlines usually allow one carry-on item, as well as a personal item, such as a purse or small day pack. However, each airline is different, so read through your airlines baggage policy before you head to the airport.

Sometimes bags are delayed, so please bring your personal medications and a day's worth of clothes and toiletries in your carry-on luggage, just in case. We recommend that you keep your carry-on luggage with you; do not "gate-check" your bags, especially if the bags have electronics or camera gear.

# HEALTH AND SAFETY

## Travel Safety

Understanding the culture and educating yourself about travel in Peru is the best way to keep safe. Below are a few tips for you to consider.

- Leave valuables (expensive or sentimental) at home.
- Dress conservatively; a flashy wardrobe attracts more attention.
- Use a money belt or concealed pouch for passports and cash. Watch your wallet.
- Don't leave valuables unattended in open sight.
- Avoid marginal areas of cities, dark alleys, and crowds. Use caution and keep moving if strangers, including vendors, approach you on the street.
- Don't travel alone or at night.

## Worksite Safety

Maranatha has a very high safety record on the worksite. The safety equipment you'll need will depend on the project scope and what job you do (see packing list). Hard hats and closed-toe shoes are required on all job sites.

## Short Term Travel Insurance

All volunteers will be covered by a short-term insurance policy from the time they leave their home country until the time they arrive back in their home country. The policy does not have a deductible and covers accidents and illnesses. As with all insurances, some exclusions apply. Maranatha does not carry or maintain health, medical, workers compensation, or disability insurance coverage. The coverage amounts and details can be found at [www.maranatha.org/insurance](http://www.maranatha.org/insurance).

For volunteers extending their travel before or after a project, the insurance will start and end with the Maranatha project dates. If you would like to extend your coverage for your extra travel at your own expense, contact Maranatha.

You will receive a brochure, prior to your project, listing the policy number and contact information for assistance or emergencies during your travel.

### CONSTRUCTION SITE SAFETY RULES



- Hard Hats Required
- Closed-toe Shoes Required
- Personal Safety Items
  - Eye Protection
  - Ear Protection
  - Masks
  - Gloves
  - Long Pants
- Use care with ladders and scaffolding
- Stay Hydrated
- No Horseplay

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## Medical Recommendations

While Maranatha does everything in our power to ensure the safety of our volunteers, it is also advisable to do your own research when it comes to the medical precautions. We recommend that you schedule a consultation with your physician or a travel clinic to discuss the medical risks in Peru and the ways to minimize them. If at any time during the project you start to feel sick, speak with the project medical professional and the project leader as soon as possible.

## COVID-19 and Other Viruses

When traveling, you may be exposed to viruses, such as the recent COVID-19 virus. We recommend a few simple tips to minimize your risks. Depending on the situation when this project takes place some of these precautions may be required during the project.

- Practice social distancing by keeping a distance of 6 feet between you and others when possible.
- Wear a face covering over your nose and mouth.
- Avoid close contact with people who are sick.
- Wash your hands often, with soap and water, for at least 20 seconds.
- If you don't have access to soap and water, use hand sanitizer with at least 60 percent alcohol, rubbing your hands until dry.
- Avoid touching your face, especially your eyes, nose, and mouth.
- Clean and disinfect frequently touched surfaces using disinfectant wipes.
- Wash your hands after shaking hands with others or handling cash.
- Get adequate sleep.
- Drink plenty of purified water.
- Try to eat a well-balanced diet, avoiding sugar.

## Altitude Sickness

Many parts of southwestern Peru are at an elevation above 8,000 feet. Travelers to these high elevations are at risk for altitude sickness. For this project, you will need to sign a consent form as part of the registration process. Visitors should discuss the trip with their personal physician prior to departing. Maranatha has a doctor on-call at these high elevations, and an altitude sickness medication will be available. Some ways to minimize symptoms are to eat lightly, move slowly, and not over-exert yourself.

### Symptoms of Altitude Sickness

- Headache
- Dizziness
- Shortness of breath
- Nausea
- Fatigue
- Difficulty sleeping
- Loss of appetite

### High Risk Factors

- Medications
- Lung or heart disease
- Asthma
- Diabetes
- Pregnant

## Mosquitos and Other Insects

Mosquitos and other flying insects can carry a variety of diseases including chikungunya, zika, and dengue. Personal precautions are strongly recommended to lower the risk of being bitten.

- Use a bug repellent with a 30-50 percent concentration of DEET.
- Wear long sleeves, long pants, and closed-toe shoes when possible.
- Avoid areas of standing water.
- Avoid spending a lot of time outside during dusk and dawn.

## VACCINES

### TETANUS

Required by Maranatha

### TYPHOID

Recommended by CDC

### HEPATITIS A

Recommended by CDC

## Food and Water

Food and water safety standards vary greatly from country to country, and we recommend that you exercise caution with the food and water you consume while abroad. Maranatha will provide purified water, but please bring your own reusable water bottle to refill from the large containers.

- Eat only food provided by Maranatha.
- Purchase only commercially packaged snacks, not from street stands.
- Drink only purified water and sealed juices and sodas.
- Do not drink items with ice cubes
- Do not brush your teeth with tap water, use purified water

## Allergies and Dietary Restrictions

Maranatha provides three vegetarian meals each day. We ask for your allergies on your registration form and will do our best to accommodate your needs. However, on large projects especially, it is harder for our cooks to accommodate special requests. If your diet is very restrictive (vegan, gluten free, etc) we recommend that you bring items such as soy milk powder, gluten-free bread, etc. to supplement the meals provided by the cooks.

# ADDITIONAL INFORMATION

## Cultural Sensitivity

It's important to enter another culture with respect and understanding of their traditions. Cultural sensitivity also means we will respect Seventh-day Adventist culture in Peru. Adventists in Peru tend to be more conservative than Adventists in the United States and Canada. During the project, we will be sensitive to this by dressing as modestly as possible. Pants and cap sleeves are preferred to shorts and tank tops. For church activities, women will need to have skirts that reach past the knees, and men are expected to wear ties if they are involved in activities on the platform.

## Maranatha Lifestyle

Each mission trip is a unique experience, and during the project, there is a great need for flexibility. Volunteers on Maranatha projects come from a variety of backgrounds and lifestyles. As we all become one big family for two weeks, we will need to refrain from some of our personal desires and freedoms and adopt the lifestyle of the group.

On all of our projects we ask that volunteers refrain from using alcohol, tobacco, marijuana or other non-prescription drugs during the trip.

Maranatha projects are open to individuals of all faith backgrounds, and we ask that all volunteers come into the project with an attitude of respect toward one another. During this trip we emphasize service opportunities that grow faith in God. On Maranatha projects, worship services are held on Sabbath (Saturday), and we ask all volunteers to participate in the experience with the group. While we do our best to make provisions to avoid extensive travel or utilizing restaurants on Sabbath, sometimes it is hard to avoid. Please be aware of this and if you have any questions, please speak with your project coordinator.

## HOW TO REGISTER

1. Complete online registration form
2. Check email
3. Make payment(s)\*
4. Book flights
5. Send itinerary and passport copy to Maranatha

\*If for any reason you need to cancel your participation, deposits are refundable up until one month prior to the project (unless noted otherwise). Cancellations within 30 days of the project are subject to a \$150 per-person fee, and the remainder will be refunded depending on the project arrangements already made on your behalf.

## CONTACT INFORMATION

**Phone:** (916) 774-7700

**Fax:** (916) 774-7701

**Email:** [volunteer@maranatha.org](mailto:volunteer@maranatha.org)

**Website:** [www.maranatha.org](http://www.maranatha.org)

**Mailing Address:**

Maranatha Volunteers International  
990 Reserve Drive  
Suite 100  
Roseville, CA 95678

**Canadian Payments Only:**

Maranatha Volunteers International  
Association  
c/o V06494C  
PO Box 6494, Station Terminal  
Vancouver, BC V6B 6R3

# PACKING LIST

A checklist of recommended items to take with you on a Maranatha project.

## Work Wardrobe

- Long work pants
- T-shirts and/or long-sleeved cotton shirts for work
- Strong, flexible construction gloves (REQUIRED)
- Hard hat (REQUIRED)
- Handkerchief or bandana for neck protection
- Sunglasses or safety glasses
- Sturdy work shoes
- Lineman's pliers

## Items to Remember

- Maranatha t-shirt
- Passport
- Photocopies of your passport in checked baggage
- Copy of your airline ticket or itinerary
- Minor Consent Form (for those under 18)
- Copy of final packet with project addresses
- Personal prescribed medication (in carry-on) as well as items like Tylenol, Band-Aids, Pepto Bismol etc.
- Shoes and socks
- Underclothes
- Slacks
- Casual shirts and tops
- MEN- Dress shirt and tie for Sabbath
- WOMEN- Dresses and/or skirt and blouse with sleeves for Sabbath
- Hat for sun protection
- Sleepwear
- Shorts
- Modest swimsuit
- Jacket and/or sweatshirt
- Flip-flops or sandals
- Personal toiletries (soap, deodorant, etc.)
- Hand sanitizer
- Insect repellent (30% DEET or higher)
- Sunblock (SPF 30+)
- Lip balm (with sunblock)
- Water bottle (large opening recommended)
- Bible
- Camera, batteries, and memory cards
- Flashlight with extra batteries
- Bedding: Sheets
- Towel and washcloth
- Cash for meals in airports, souvenirs, or special projects that may come up

## Optional Items

- Lightweight daypack or similar bag
- Neck pillow/eye mask for flight
- Extra blanket
- Personal pillow
- Journal and pens
- 220-volt converter and plug adapters
- Spanish to English dictionary or translator
- Powdered Gatorade or equivalent Nuun or Camelback electrolyte tablets (for overcoming dehydration)
- Earplugs
- Small alarm clock
- Snacks
- Rope for personal clothesline
- Toilet paper or tissues
- Battery-run personal fan
- Small instrument you play

## Optional Outreach Items

- Money for purchasing items locally (this helps the local economy)
- School supplies: pens, pencils, erasers, notebooks, backpacks
- Spanish Christian books and pamphlets
- Spanish Bibles and hymnals
- Group toys (jump ropes, soccer balls with pumps, etc.)
- Toothbrushes and toothpastes

## Requested Outreach Items

*You will receive an updated packing list closer to the project, which will likely include special outreach requests for the children's ministry and medical clinic programs.*



# THE MARANATHA

# STORE

## BUY MARANATHA MERCHANDISE!

Share the spirit of service with Maranatha-themed apparel and accessories.\*

### 2020 MARANATHA T-SHIRT \$10



The 2020 Maranatha shirt is a poly/cotton heather blend by Bella + Canvas. Color is "heather true royal"; unisex sizing.

### HARD HAT \$13



This MSA V-Gard hard hat, with Staz-On suspension, ensures excellent shock absorption on the job site.



**TO ORDER, VISIT [MARANATHA.ORG/STORE](https://www.maranatha.org/store) OR CALL (916) 774-7700**

All prices are excluding sales tax and shipping.

### CAP \$12



All cotton and easy to pack, this cap is sure to keep the sun off your face on a mission project and at home. Available in Khaki and Navy.

### WATER BOTTLE \$15



The autospout water bottle by Contigo features a one-touch-button spout for convenient one-handed drinking. It also has a spout shield to protect the spout from debris and dirt when not in use—perfect for the project site.

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\*All confirmed volunteers on an International Maranatha Open Team receive a Maranatha t-shirt as part of their participation fee.

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