

## Meadow Vista Adventist Church Project

#### Information Packet

**Location: Meadow Vista, California** 

**Dates: October 12 – 26, 2021** 

(arrival date is October 12 and departure date is October 26)



Maranatha Volunteers International is a nonprofit, Christian organization focused on providing churches, schools, and water wells around the world. A portion of the projects utilize volunteers on short-term mission trips to complete the work. Annually, we mobilize more than 2,000 volunteers to assist with various service opportunities and partner with thousands of donors to fundraise for international projects. Maranatha's mission is to spread the Gospel throughout the world as we build people through the construction of urgently-needed buildings.

In North America, Maranatha aids by recruiting and organizing volunteer labor for construction and renovations projects at schools, churches, and camps.

The Meadow Vista Adventist Church (CA) Project is one of our many efforts based in North America.

## **Project Overview**

Meadow Vista Adventist Church is located in the Sierra Nevada foothills of Northern California. The church is actively growing their church through their different ministries and are looking forward to improving their church sanctuary. Volunteers on this project will help remodel the inside of the 2200 square ft sanctuary. Renovations include electrical, ceiling installation, building a stage and some framing.

#### Leadership

Project Coordinator: TBD

Construction Superintendent: Leroy Kelm

**Local Contact:** Kyle Fiess

#### **Accommodations**

There is space for 20 volunteers on this project. Volunteers who request housing will be accommodated through the church members homes. There are also a few RV sites on site. Additional RV parking will be available at the Weimar University (previously Weimar Health and Education).

#### Project Schedule

**Tuesday, October 12 Arrival, Orientation** 

Wednesday- Friday, October 13-15
Workdays

Saturday, October 16 Sabbath

Sunday – Friday, October 17-22 Workdays

Saturday, October 23
Sabbath

Sunday - Monday, October 24-25 Workdays

Tuesday, October 26
Departure

Partial hook ups, electric and water will be available at both sites. Weimar also has a dump site on campus. If housing is limited, priority will be given to volunteers who can participate the entire length of the project.

#### **Expenses**

The only costs to volunteers are the travel expenses to and from Meadow Vista, California. Three vegetarian meals a day, accident insurance, and local housing are provided by the Meadow Vista Church in exchange for your volunteer labor.

#### **Allergies and Dietary Restrictions**

Maranatha provides three vegetarian meals each day. We ask for your allergies on your registration form, and we will do our best to accommodate your needs. However, we cannot meet all special requests. If your diet is restrictive (vegan, gluten-free, etc.) we recommend that you bring items such as soy milk powder, gluten-free bread, etc. to supplement the meals provided by the cooks.

#### **About Meadow Vista, California**

The municipal terrain is hilly and sits at an elevation of about 2000 feet. Meadow Vista is about 60 miles from Truckee, California and about 100 miles to South Lake Tahoe, California. You can find plenty of outdoor activities on or near the lake.

#### **Attractions**

Volunteers may choose to arrive early or leave a few days after the project concludes in order to appreciate local sights and activities. Volunteers are responsible for making their own arrangements, including food and lodging, for all days outside of the project dates.

#### Weather

Average temperatures for Meadow Vista during October average in the high 70's to high 50's Fahrenheit but plan for just about any type of weather. Of course, current weather conditions can change at any time, so we recommend that you check the 10-day forecast before leaving to ensure that you are prepared for the most current weather conditions in Weimar, California,

#### **Travel Information**

#### **Flights**

Once you have registered and been confirmed, if you are flying to the project, please plan to arrive on:

#### **Arrival**

Please plan to arrive in Sacramento International Airport (airport code SMF) in the afternoon of October 12.

#### **Departure**

Please plan to depart from Sacramento International Airport (SMF) in the mid-morning or early afternoon of October 26.

Meadow Vista is about a 60 minute drive from the airport. Please book flights that come in before 6 p.m. on the arrival date. If you need to fly in later, please check with the Maranatha office to confirm that your arrival time can be accommodated. Please send your itinerary to <a href="mailto:volunteer@maranatha.org">volunteer@maranatha.org</a> so pick up arrangements can be made.

If you will be leaving before the project end date, please be aware that you may be responsible for arranging your own transportation back to the airport. Please send your itinerary to <u>volunteer@maranatha.org</u> so pick up arrangements can be made.

#### **Project Address:**

Meadow Vista SDA Church 1461 Meadow Vista Rd. Meadow Vista, CA 95722

#### **AIG Insurance Coverage**

Maranatha mission projects are construction projects where people can get hurt. It is not possible for Maranatha to analyze everyone's insurance policy to see whether his or her insurance is current and the coverage is in effect at the location of the project. The Maranatha Board of Directors decided that the safest route was to require everyone to be covered by the insurance coverage through Maranatha's carrier. For projects taking place in North America, the cost of this is covered by the hosting organization.

All volunteers will be covered by this insurance policy from the time they depart for the project until they return home. For volunteers who have extended travel by arriving before or staying after a project, the insurance would start and end on the Maranatha project dates based on the project application.

Insurance coverage depends on location of the project and home residency of the volunteer. Both policies are primary policies that do not have a deductible. As with all insurances, exclusions apply. An insurance brochure with the policy information and list of benefits will be sent to you in the confirmation email for this project.

### Safety

Maranatha has a very high safety record on the worksite. This is, in part, because we require everyone on the construction site to wear a hard hat and gloves at all times. Please also wear appropriate safety equipment for the work tasks and wear sturdy shoes. Exercise caution while working on the construction site and be careful when working on or around ladders or scaffolding.

Maranatha requires that every volunteer have a current Tetanus vaccine (within the last 10 years).

#### **Altitude Sickness**

Many parts of the country are located above 8,000 feet above sea level. These high altitudes puts those visiting these parts of the country at risk for altitude sickness.

Symptoms of altitude sickness range from mild cases of headache, dizziness, shortness of breath, and nausea to more severe cases of extreme fatigue and cerebral or pulmonary edema. Certain medications and preexisting medical conditions including lung or heart disease, asthma, diabetes, and pregnancy can put you at a higher risk for altitude sickness. However, even otherwise healthy individuals can feel mild symptoms due to the lack of oxygen. Symptoms that do not improve could require evacuation to a lower elevation. The best course of action is to take it easy and not over exert in the first few days. Visitors should discuss the trip with their personal physician prior to departing.

Due to the potential risks, each participant/family on Maranatha projects in Bolivia is required to return a signed high-altitude release prior to your departure.

Thank you for putting safety first!

## Registration

To register, please complete the online application at maranatha.org, or call to register over the phone. 20 volunteers can be accommodated on this project. Please wait for confirmation from Maranatha before making travel plans.

#### **Contact Information**

**Phone**: (916) 774-7700 **Fax**: (916) 774-7701

Email: volunteer@maranatha.org

Mail:

Maranatha Volunteers International 990 Reserve Drive

Suite 100

Roseville, CA 95678

## Skills and Packing List

#### Skills

Skills or experience in the following areas would be helpful.

- Electrical work
- Framing and dry walling
- Sheeting
- General construction
- Carpentry

#### **Items to Bring**

#### **Tool List**

The following is a list of tools that will be helpful on this project. If you are able to bring any, it would be appreciated. Be sure to mark them with your name since many tools look alike. If you cannot bring some of the tools listed below, please remember to be considerate of those from whom you borrow.

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	Nail apron * Hammer * (waffle-faced is best) Tape measure* Level Utility knife*		Carpenter pencil Small square* Chalk line* Hard Hat*
*Required			
General Packing List This list is not comprehensive of all that you may choose to bring, but these are several of the items that have been most helpful to volunteers in the past.			
	Good disposition and flexible attitude Work pants and shirts Hard hat and gloves Sunglasses or safety glasses Good, close-toed working shoes Hat		Light jacket Flip flops or sandals Dress clothes for Sabbath Personal toiletries and sunblock Water bottle Camera
	ID and personal insurance information		Bible
	A copy of this packet with Maranatha insurance information and project addresses		Bedding: twin sheet, blanket, or sleeping bag Bedding: air mattress, foam pad, cot
	Personal prescribed medication and any over the		Towel and washcloth
_	counter medication you use regularly		Small pillow
	Casual shirts, pants, and shorts		Small alarm clock
	Underclothes		Earplugs

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Share the spirit of service with Maranatha-themed apparel and accessories.\*

## MARANATHA T-SHIRT \$10



This Maranatha shirt is a poly/cotton heather blend by Bella + Canvas. Color is "heather true royal"; unisex sizing.

## HARD HAT \$13



This MSA V-Gard hard hat, with Staz-On suspension, ensures excellent shock absorption on the job site.



TO ORDER, VISIT MARANATHA.ORG/STORE OR CALL (916) 774-7700

All prices are excluding sales tax and shipping.

## **CAP \$12**





All cotton and easy to pack, this cap is sure to keep the sun off your face on a mission project and at home. Available in Khaki and Navy.

## **WATER BOTTLE \$15**



The autospout water bottle by Contigo features a one-touch-button spout for convenient one-handed drinking. It also has a spout shield to protect the spout from debris and dirt when not in use—perfect for the project site.

## MARANATHA.org

