

# Family Project Peru

**Location:** Arequipa, Peru

**Project Dates:** December 23, 2020 - January 3, 2021

**Optional Excursion:** December 21 - December 23

**Total Fee:** \$1,050\*

**Children 12 and under:** \$900

**Optional Excursion:** \$500

**Final Deadline:** November 9, 2020

*\*All amounts are listed in U.S. dollars.*

*International flights are not included in the participation fee*



## PROJECT OVERVIEW

Volunteers on this project will work with two churches in Peru's second largest city, Arequipa. In each neighborhood, the group will help with the construction needs of the church as well as join the church in what they're already doing to reach out in their community.

### Los Portales Seventh-day Adventist Church

The Los Portales congregation obtained a piece of land and constructed a simple room, but the space is too small for the group, and many don't recognize it as a place of worship because it looks like every other building in the neighborhood. They would like a new church at the front of their property, and they will use the existing meeting space as a fellowship hall. This congregation is active in their community, offering a free lunch program and tutoring.

**Construction:** Volunteers will lay block walls for this new church.

**Outreach:** The group will join the food program by preparing the lunches and organize a special program for the children in the tutoring program.

**Medical and Dental:** There will be three days of clinics in this community.

### Horacio Cevallos Seventh-day Adventist Church

The Horacio Cevallos members used to meet in a small makeshift building. They bought the lot next door and constructed a slightly larger building where they meet now, but it's still too small for their growing congregation. They tore down the original shelter next door to build a new church and have been purchasing bricks as they have been able to fundraise money. The construction has been going on for 10 years and still isn't finished.

## COVID-19

Maranatha is moving forward with the preparations for this project in faith that it will be able to take place as planned. However, there is always a chance that situations can change as countries adapt to this post-covid world. If you are planning on participating, please go ahead and register. However, you may consider waiting to book flight itineraries or may choose to purchase additional flight insurance to minimize the potential risk if this trip is unable to take place as planned. We will update you if the status of this project changes.

## MARANATHA IN PERU

Maranatha is a responsive organization that works with the Seventh-day Adventist Church; all efforts are by invitation from local leadership.

Between 2004 and 2006, Maranatha constructed nearly 100 churches in Peru to provide places of worship for the growing number of congregations. As Seventh-day Adventist membership has continued to grow in the country, Maranatha returned to Peru, in late 2019 to start a new effort to build more churches and schools.

**Construction:** Volunteers will pour the floor and foundation for the new church building.

**Outreach:** The group will hold a children's ministry program. The church ladies have also requested sewing classes if someone from our group knows how to sew on older machines and can hold classes.

**Medical and Dental:** There will be three days of clinics in this community.

## Children's Activities

Maranatha's Family Projects are designed to be family-friendly and accommodate volunteers of any age. One unique feature of a Family Project is a "day camp" for children 12 and under.

Children under five must have a parent with them at all times. Parents with kids ages 5-12 have three options and can vary their decision, day by day.

1. Keep their child with them throughout the day.
2. Have their child join the day camp and stay to help with the activities of the day.
3. Drop their child off at the day camp for the day while they join other areas of the project.

The day camp activities will include a variety of components. Every day will be different.

- **Construction** | We'll plan simple tasks so children can help with the construction.
- **Outreach** | We'll find ways for kids to help with children's ministry programs and other service activities.
- **Play** | We'll schedule time for kids to let loose and have fun, because playtime is an important part of being a kid.
- **Cultural Experiences** | We'll introduce kids to local customs, such as visiting a marketplace, seeing a local workshop, or washing clothes in a river.

## Accommodations

Our group will stay at a Catholic retreat center called Manresa. The accommodations are adequate, safe, and clean, with small rooms that have two twin beds. We mention this in advance so you can set your expectations for this mission trip.

There is a kitchen and dining area for our group, plus a meeting area for worship. At breakfast, we'll make sack lunches to take with us to the worksite.

Families with more than two people will be placed in rooms next to each other. Individuals will be paired up with another roommate in order to accommodate the full group. If you would like to room with someone in particular, please let us know prior to the final deadline of the project.

## PROJECT SCHEDULE

### OPTIONAL EXCURSION

Monday, December 21  
Arrival in Cusco, Peru

Tuesday, December 22  
Machu Picchu

Wednesday, December 23  
Cusco activities, travel to Arequipa

### VOLUNTEER PROJECT

Wednesday, December 23  
Arrival in Arequipa, Peru

Thursday, December 24  
Orientation, first work day

Friday, December 25  
Work day, Christmas celebration

Saturday, December 26  
Worship with the local congregations

Sunday - Thursday, Dec. 27 - 31  
Work days

Friday, January 1  
Travel to Puno, Peru

Saturday, January 2  
Worship on the floating church on Lake Titicaca, visit the Fernando Stahl Museum

Sunday, January 3  
Departure from Juliaca, Peru

## Amenities

Room Style	Two twin beds
Private Bathroom	Yes
Hot Water	Yes
Bed Linens	Yes
Towels	Yes, but not washcloths
Air Conditioning	No
WiFi	Yes, but much slower than you'd expect at home
Laundry	Yes, at an additional expense
Pool	No
"Play Spaces"	No
Distance to Work Locations	30 Min

## TYPICAL DAILY SCHEDULE

7:00 a.m.	Breakfast
7:30 a.m.	Group worship
8:00 a.m.	Depart for construction/clinics
12:00 Noon	Lunch
4:00 p.m.	Return from work
6:00 p.m.	Dinner
7:00 p.m.	Group worship

The key word for mission trips is **FLEXIBILITY**. The above schedule is our plan, but it may be adjusted due to weather or other unforeseen circumstances.

## Excursions

Maranatha projects usually include a short excursion and may also offer an extended excursion as an optional add-on. If you choose to add any other excursions without Maranatha, please schedule them for before or after the project dates, so you won't miss out on any of the Maranatha experience.

### Include Excursion - Lake Titicaca

Lake Titicaca is the highest navigable lake in the world at 12,500 feet. This lake is famous for the city of floating islands, constructed from reeds, where the Los Uros Indians live. It was in this area that the Adventist message first spread in Peru through the work of Fernando and Ana Stahl. In 2005, Maranatha constructed a floating church on the lake.

#### Friday, January 1

- Travel seven hours to the town of Puno, Peru, on the edge of Lake Titicaca
- Down time to adjust to the higher altitude

#### Saturday, January 2

- Travel by boat to the floating church for worship
- Lunch at the hotel
- Optional afternoon visit to the Stahl Museum or enjoy time at the hotel

#### Sunday, January 3

- Shopping at Puno artisan market
- Travel one hour to Juliaca for afternoon departures





### Optional Excursion - Machu Picchu - \$500

Machu Picchu is one of Peru's most popular tourist destinations, located high in the Andes Mountains. The ruins of this ancient Incan city have been voted one of the "New" Seven Wonders of the World and is a UNESCO World Heritage Site. It was originally built in 1450 as an estate for the Incan emperor, but it was abandoned during the Spanish Conquest. The ruins are truly a sight to behold with the city set on a grassy plateau and the peak of Huayna Picchu behind it.



This excursion is an additional \$500 per person. The fee covers double-occupancy accommodations, all meals, ground transportation, insurance, and all entrance fees and tour guides. Flights are not included; see the travel information section below.

Deadline: Non-refundable train tickets must be purchased on November 9. On this date, \$250 becomes non-refundable. Please include passport copies with your registration.

#### Monday, December 21

- Arrive in Cusco
- Travel down into the Sacred Valley to Urubamba, which will help you adjust to the altitude

#### Tuesday, December 22

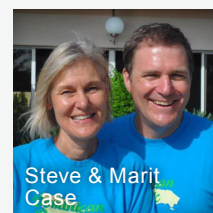
- Travel by bus and train to the town of Aguas Calientes
- After lunch, go on guided tour of the Machu Picchu ruins
- Return to hotel for dinner

#### Wednesday, December 23

- Visit animal sanctuary with rare condors
- Explore old town district of Cusco, souvenir shopping opportunity
- Afternoon flights to Arequipa, via Lima

### Leadership

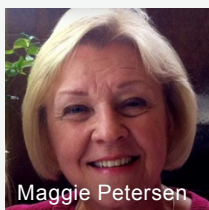
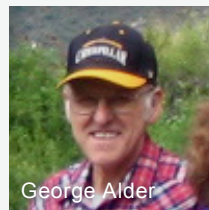
<b>Steve Case</b>	Project Coordinator and Spiritual Coordinator
<b>George Alder</b>	Construction Superintendent
<b>Luther Findley</b>	Construction Superintendent
<b>Maggie Petersen</b>	Head Cook
<b>Josue &amp; Emilyn Quispe</b>	Outreach Coordinators



### We Need Your Help

The team is looking for a few additional leaders. If you would be interested in leading out in any of these areas, please contact Maranatha at (916) 774-7700.

- Construction Superintendents
- Medical and Dental Clinic Coordinator
- Children's Ministry Coordinator
- Children's Day Camp Coordinator



## Expenses

**Participation Fee:** \$1,050

**Children 12 and Under:** \$900

**Optional Machu Picchu Excursion:** \$500

**Final Deadline:** November 9, 2020

All amounts are listed in U.S. Dollars. Ages are determined on the start date of the project. Participation fees are tax-deductible. Excursion fees are not tax-deductible.

Payments can be made in three ways:

- Check sent to the Maranatha office in California (include a note with your name and "Family Project Peru - December 2020")
- Online using the project payment link in your confirmation email\*
- Over the phone at (916) 774-7700\*

*\*Canadian tax-deductible payments must be made by check to the Maranatha Volunteers International (Canada) Association (address located at the end of this information packet) in order to receive a receipt. At this time, Maranatha cannot issue tax-deductible receipts for credit card payments.*

If you are fundraising or receiving donations, please have donations sent directly to you, or work with your local church treasurer to collect funds at the church and issue tax-deductible receipts. Do not have donors send individual small checks directly to Maranatha. If you have questions regarding this process, please contact Maranatha.

## WHAT'S INCLUDED

- ☒ Accommodations
- ☒ Vegetarian Meals
- ☒ Ground Transportation
- ☒ Short-Term Insurance
- ☒ Portion of Construction Costs
- ☒ Portion of Outreach Activities
- ☒ T-shirt and Luggage Tags
- ☒ Local Excursion Activities, Guides, Entrances, Etc.

## ESTIMATE OF ADDITIONAL COSTS

- ☐ Flight to Arequipa, Peru \$800-1800
- ☐ Domestic Flight (Optional Excursion): \$100-200
- ☐ Passport \$130 or \$110 for renewal

# ABOUT PERU

- Peru is located on the western coast of South America.
- The country has three distinct regions: the coastal desert, the Andes Mountain highlands, and the tropical Amazon basin.
- The Incan Empire ruled the region until the 1500's when Spanish conquistadors invaded.
- The Quechua and Aymara people are two cultural people groups in Peru that descended from the Incas.
- Peru is currently the 48th largest economy in the world.
- The Seventh-day Adventist message came into Peru in the early 1900s.

## Foreign Cash

Peru uses the Sol and has an exchange rate of approximately 3 Soles to \$1 USD (April 2020). This exchange can be made at the airport, or the project coordinator can also exchange money for you at a flat rate in increments of \$10. Many countries offer better exchange rates for larger bills (\$50's and 100's), so if you bring small bills you might get a different exchange rate. Any cash you bring should be in new, unmarked, and untorn bills.

While some establishments accept credit and debit cards, most small shops only accept cash. It is wise to let your credit card company know the dates you will be traveling so they don't block your card when you use it in a foreign country.

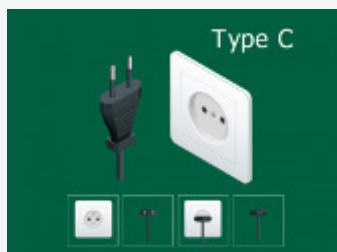
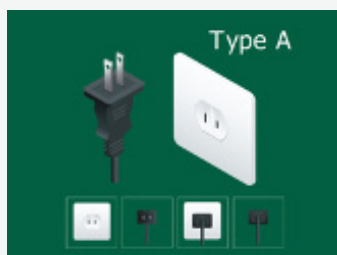
## Tipping

Your project coordinator will take care of paying guide tips on group excursions. If you feel like someone (guide, hotel staff, etc) has provided excellent service during your trip, you are more than welcome to show your gratitude with additional tips. If you have any questions during the project about whether or not tipping would be appropriate, your project coordinator or Maranatha in-country support staff can help you understand the local culture.

## Electricity

- **Current:** 220-240 volt AC
- **Outlet:** Type A and C

Non-dual-voltage appliances will need a voltage converter in addition to the plug adapter. Grounded plugs and plugs similar to Type A, but with prongs of different height (standard in the U.S), will not usually work in Peru.



## FACTS AND FIGURES

**Capital:** Lima

**Population:** 31.1 million (July 2018)

**Language:** Spanish, Quechua, Aymara

**Climate:** Varies by region and altitude. Dry in the west, tropical in the east, temperate to frigid in the Andes.

**Religion:** Catholic 60%, Protestant 15%, Unspecified 21%

**Currency:** Peruvian Sol

## Weather

Weather patterns can change suddenly, so Maranatha recommends that volunteers check the 10-day forecast for the project area before traveling.

**Arequipa** | Arequipa has mild weather year-round. Expect temperatures in the mid 60s to low 70s during the day and dipping into the low 50s at night. It will be the start of the rainy season, so rain showers are a possibility, but Arequipa doesn't get much precipitation generally.

**Puno and Cusco** | Expect cool temperatures in the low to mid 60s during the day and dipping into the low 40s at night. There can also be more wind up in the mountains. It will be the rainy season, during which afternoon thunderstorms are common.

## TRAVEL INFORMATION

Please complete the online registration and wait for confirmation from Maranatha before purchasing your airfare.

If this is your first time traveling abroad (or you need a refresher course), you may want to check out Maranatha's International Traveler Guide (available at [maranatha.org](http://maranatha.org) under volunteer resources), which shares tips on everything from booking travel to communicating with those at home.

## Flights

Please be careful to follow these guidelines when booking your travel. If you arrive or depart outside these posted windows, you may have long wait times at the airport or be responsible for paying the additional transportation costs for your individual airport transfer. If you have questions about your itinerary, please contact Maranatha prior to booking to avoid any additional charges.

### Please note, this project has different arrival and departure airports.

Most itineraries will require a layover in Lima on your way to Arequipa. If you would like a hotel, you will need to make your own arrangements. The Wyndham Costa del Sol is a good hotel just outside the Lima airport. On the return, make sure you plan your flights so that you have a long enough layover to pick up your bags and check in for your international flight home.

Sometimes finding the domestic Peru flights that line up with Maranatha's guidelines and your international flights can be difficult. A travel agent can help you look at all flight options. It might be more cost effective to book a round trip ticket to and from Lima and book your domestic tickets separately.

### Project Only

**Arrive:** Arequipa, Peru (AQP) Wednesday, December 23, 2020, anytime  
**Depart:** Juliaca, Peru (JUL) Sunday, January 3, 2021, in the afternoon

### Optional Excursion

**Arrive:** Cusco, Peru (CUZ) Monday, December 21, 2020, anytime  
**Transfer:** Cusco (CUZ) to Arequipa (AQP) on Wednesday, December 23, 2020  
Book Latam Airlines Flight # 2074 from CUZ to LIM departing at 14:39  
Book Latam Airlines Flight #2147 from LIM to AQP departing at 18:05  
**Depart:** Juliaca, Peru (JUL) Sunday, January 3, 2021, in the afternoon



## Arriving Early or Staying Late?

Some of you may choose to extend your travel before or after the project. Since our volunteers bring so much to the shared experience of the project, we ask that you participate in the entirety of the Maranatha project (during the advertised dates). Any additional travel outside of the Maranatha project should be scheduled for before or after the project dates to avoid mid-project interruptions. If you choose to add additional travel, you are responsible for making your own hotel and transportation arrangements for the time outside of the arrival and departure windows listed above. If you have any questions, feel free to call Maranatha at (916) 774-7700.

## Travel Resources

- **CI Azumano Travel:** 800-454-4099 or by email with Erle Dpenha or Azumano Team at [corporatetravel@ciazumano.com](mailto:corporatetravel@ciazumano.com)
- **Butler Travel:** 503-879-5005 or by email with Nathanael at [nathan@butlertravel.com](mailto:nathan@butlertravel.com) or with Ellen at [ellen@butlertravel.com](mailto:ellen@butlertravel.com).

## Entry Requirements

Below are the requirements for U.S. and Canadian citizens. If you hold a passport from another country, please consult the Peruvian embassy or consulate in your home country for entrance requirements.

**Passport** | All passports must be valid for at least six months from the dates of intended travel (January 1, 2021). If you do not have a passport, United States (U.S.) citizens can apply at any U.S. post office or online at <http://travel.state.gov>. Canadian citizens can apply online at [www.passport.gc.ca](http://www.passport.gc.ca). It can take up to two months to complete the entire process, so plan accordingly to give yourself enough time to receive your passport.

## Traveling With Minors

**Birth Certificate** | Countries continue to make efforts to prevent child-trafficking, so some hotels and airports require proof of parent-child relationships, even if your child is a teenager. Maranatha recommends guardians bring a copy of their child's birth certificate and any other documents (guardianship papers etc) to answer these questions.

**Parental Consent Form** | If a legal minor (under the age of 18 on the date you depart) is traveling without both parents or legal guardians, Maranatha requires a parental consent form.

This form confirms that both guardians have consented to their child leaving the country with an appointed person and Maranatha. It also gives Maranatha permission to treat the child medically in case of an emergency.

You can find this form online at [www.maranatha.org/resources](http://www.maranatha.org/resources). Mail one notarized original to Maranatha and keep another notarized original with you as you travel. The form will ask for two appointees. The first will be the guardian traveling with the minor. The other will be Steve Case, Maranatha's project coordinator.

### Special Circumstances

**Divorced Parents:** Both parents must still sign the form. If one parent has sole legal and physical custody, provide a copy of the divorce decree stating such

**Deceased Parent:** Provide copy of death certificate

**Legal Guardians:** Provide a copy of guardianship paperwork

**Other Situations:** Contact Maranatha for guidance



## Luggage Considerations

Please check with your airline or travel agent for luggage weight and piece allowances for each portion of your itinerary. In addition to your checked bags, airlines usually allow one carry-on item, as well as a personal item such as a purse or small day pack. However, each airline is different, so read through your airlines baggage policy before you head to the airport.

Sometimes bags are delayed, so please bring your personal medications and a day's worth of clothes and toiletries in your carry-on luggage, just in case. We recommend that you keep your carry-on luggage with you; do not "gate-check" your bags, especially if the bags have electronics or camera gear.

# HEALTH AND SAFETY

## Travel Safety

Understanding the culture and educating yourself about travel in Peru is the best way to keep safe. Below are a few tips for you to consider.

- Leave valuables (expensive or sentimental) at home.
- Dress conservatively; a flashy wardrobe attracts more attention.
- Use a money belt or concealed pouch for passports and cash. Watch your wallet.
- Don't leave valuables unattended in open sight.
- Avoid marginal areas of cities, dark alleys, and crowds. Use caution and keep moving if strangers, including vendors, approach you on the street.
- Don't travel alone or at night.

## Worksite Safety

Maranatha has a very high safety record on the worksite. The safety equipment you'll need will depend on the project scope and what job you do (see packing list). Hard hats and closed-toe shoes are required on all job sites.

## Short Term Travel Insurance

All volunteers will be covered by a short-term insurance policy from the time they leave their home country until the time they arrive back in their home country. The policy does not have a deductible and covers accidents and illnesses. As with all insurances, some exclusions apply. Maranatha does not carry or maintain health, medical, workers compensation, or disability insurance coverage. The coverage amounts and details can be found at [www.maranatha.org/insurance](http://www.maranatha.org/insurance).

For volunteers extending their travel before or after a project, the insurance will start and end with the Maranatha project dates. If you would like to extend your coverage for your extra travel at your own expense, contact Maranatha.

You will receive a brochure, prior to your project, listing the policy number and contact information should you need assistance during your travel.



## Medical Recommendations

While Maranatha does everything in our power to ensure the safety of our volunteers, it is also advisable to do your own research when it comes to the medical precautions. We recommend that you schedule a consultation with your physician or a travel clinic to discuss the medical risks in Peru and the ways to minimize them. If at any time during the project you start to feel sick, speak with the project medical professional and the project leader as soon as possible.

## COVID-19 and Other Viruses

When traveling, you may be exposed to viruses, such as the recent COVID-19 virus. We recommend a few simple tips to minimize your risk:

- Practice social distancing by keeping a distance of 6 feet between you and others when possible.
- Wear a face covering over your nose and mouth.
- Avoid close contact with people who are sick.
- Wash your hands often, with soap and water, for at least 20 seconds.
- If you don't have access to soap and water, use hand sanitizer with at least 60 percent alcohol, rubbing your hands until dry.
- Avoid touching your face, especially your eyes, nose, and mouth.
- Clean and disinfect frequently touched surfaces using disinfectant wipes.
- Wash your hands after shaking hands with others or handling cash.
- Get adequate sleep.
- Drink plenty of purified water.
- Try to eat a well-balanced diet, avoiding sugar.

## Altitude Sickness

Many parts of southwestern Peru are at an elevation above 8,000 feet. Travelers to these high elevations are at risk for altitude sickness. For this project, you will need to sign a consent form as part of the registration process. Visitors should discuss the trip with their personal physician prior to departing. Maranatha has a doctor on-call at these high elevations, and an altitude sickness medication will be available. Some ways to minimize symptoms are to eat lightly, move slowly, and not over-exert yourself.

### Symptoms of Altitude Sickness

- Headache
- Dizziness
- Shortness of breath
- Nausea
- Fatigue
- Difficulty sleeping
- Loss of appetite

### High Risk Factors

- Medications
- Lung or heart disease
- Asthma
- Diabetes
- Pregnant

## VACCINES

### Tetanus

Required by Maranatha

### Typhoid

Recommended by CDC

### Hepatitis A

Recommended by CDC

## PROJECT LOCATION ALTITUDES

**Lima:** 500 feet

**Arequipa:** 8,000 feet

**Puno, Lake Titicaca, Juliaca:**  
12,500 feet

**Cusco:** 11,150 feet

**Machu Picchu:** 8,000 feet

**Urubamba:** 9,400 feet

## Mosquitos and Other Insects

Mosquitos and other flying insects can carry a variety of diseases including chikungunya, zika, and dengue. Personal precautions are strongly recommended to lower the risk of being bitten.

- Use a bug repellent with a 30-50 percent concentration of DEET.
- Wear long sleeves, long pants, and closed-toe shoes when possible.
- Avoid areas of standing water.
- Avoid spending a lot of time outside during dusk and dawn.

## Food and Water

Food and water safety standards vary greatly from country to country, and we recommend that you exercise caution with the food and water you consume while abroad. Maranatha will provide purified water, but please bring your own reusable water bottle to refill from the large containers.

- Eat only food provided by Maranatha.
- Purchase only commercially packaged snacks, not from street stands.
- Drink only purified water and sealed juices and sodas.
- Do not drink items with ice cubes
- Do not brush your teeth with tap water, use purified water

## Allergies and Dietary Restrictions

Maranatha provides three vegetarian meals each day. We ask for your allergies on your registration form and will do our best to accommodate your needs. However, on large projects especially, it is harder for our cooks to accommodate special requests. If your diet is very restrictive (vegan, gluten free, etc) we recommend that you bring items such as soy milk powder, gluten-free bread, etc. to supplement the meals provided by the cooks.

# ADDITIONAL INFORMATION

## Cultural Sensitivity

It's important to enter another culture with respect and understanding of their traditions. Cultural sensitivity also means we will respect Adventist culture in Peru. Adventists in Peru tend to be more conservative than Adventists in the United States and Canada. During the project, we will be sensitive to this by dressing as modestly as possible. Pants and cap sleeves are preferred to shorts and tank tops. For church activities, women will need to have skirts that reach past the knees, and men are expected to wear ties if they are involved in the activities on the platform.

## Maranatha Lifestyle

Each mission trip is a unique experience, and during the project, there is a great need for flexibility. Volunteers on Maranatha projects come from a variety of backgrounds and lifestyles. As we all become one big family for two weeks, we will need to refrain from some of our personal desires and freedoms and adopt the lifestyle of the group.

On all of our projects we ask that volunteers refrain from using alcohol, tobacco, marijuana or other non-prescription drugs during the trip.

Maranatha projects are open to individuals of all faith backgrounds and we ask that all volunteers come into the project with an attitude of respect towards one another. On Maranatha projects, worship services are held on Sabbath (Saturday), and we ask all volunteers to participate in the experience with the group. While we do our best to make provisions to avoid extensive travel or utilizing restaurants on Sabbath, sometimes it is hard to avoid. Please be aware of this and if you have any questions, please speak with your project coordinator.

# HOW TO REGISTER

1. Complete online registration form
2. Check email
3. Make payment(s)\*
4. Book flights
5. Send itinerary and passport copy to Maranatha

\*If for any reason you need to cancel your participation, deposits are refundable up until one month prior to the project (unless noted otherwise). Cancellations within 30 days of the project are subject to a \$150 per-person fee, and the remainder will be refunded depending on the project arrangements already made on your behalf.

# CONTACT INFORMATION

**Phone:** (916) 774-7700

**Fax:** (916) 774-7701

**Email:** [volunteer@maranatha.org](mailto:volunteer@maranatha.org)

**Website:** [www.maranatha.org](http://www.maranatha.org)

**Mailing Address:**

Maranatha Volunteers International  
990 Reserve Drive  
Suite 100  
Roseville, CA 95678

**Canadian Payments Only:**

Maranatha Volunteers International  
Association  
c/o V06494C  
PO Box 6494, Station Terminal  
Vancouver, BC V6B 6R3



# PACKING LIST

A checklist of recommended items to take with you on a Maranatha project.

## Work Wardrobe

- ☐ Long work pants (2-4 pairs)
- ☐ T-shirts and/or long-sleeved cotton shirts for work (5-7)
- ☐ Strong, flexible construction gloves (REQUIRED)
- ☐ Hard hat (REQUIRED)
- ☐ Handkerchief or bandana for neck protection
- ☐ Sunglasses or safety glasses
- ☐ Sturdy work shoes

## Tool List

*The more tools the group brings, the more likely it is that everyone can keep involved in the construction process.*

- ☐ Measuring tape (25')
- ☐ Box level (2-3') – one per family
- ☐ Block trowel (10-12") pie-shaped
- ☐ Marking pencils
- ☐ Lineman's pliers - optional
- ☐ Masonry line and line blocks - optional
- ☐ Rubber dish gloves - optional
- ☐ Block hammer - optional

## Items to Remember

- ☐ Maranatha t-shirt
- ☐ Passport
- ☐ Photocopies of your passport in checked baggage
- ☐ Copy of your airline ticket or itinerary
- ☐ Minor Consent Form (for those under 18)
- ☐ Copy of final packet with project addresses
- ☐ Personal prescribed medication (in carry-on) as well as items like Tylenol, Band-Aids, Pepto Bismol etc.
- ☐ Shoes and socks
- ☐ Underclothes
- ☐ Slacks
- ☐ Casual shirts and tops
- ☐ MEN- Dress shirt and tie for Sabbath
- ☐ WOMEN- Dresses and/or skirt and blouse with sleeves for Sabbath
- ☐ Hat for sun protection
- ☐ Sleepwear
- ☐ Shorts
- ☐ Jacket and/or sweatshirt
- ☐ Flip-flops or sandals
- ☐ Personal toiletries (soap, deodorant, etc.)
- ☐ Hand sanitizer
- ☐ Insect repellent (30% DEET or higher)

- ☐ Sunblock (SPF 30+)
- ☐ Lip balm (with sunblock)
- ☐ Water bottle (large opening recommended)
- ☐ Bible
- ☐ Camera, batteries, and memory cards
- ☐ Flashlight with extra batteries
- ☐ Washcloth
- ☐ Cash for meals in airports, souvenirs, or special projects that may come up
- ☐ Kitchen Request:
  - MEN - 1 can vegetarian hot dogs
  - WOMEN - 1 can Fri-Chick

## Optional Items

- ☐ Lightweight daypack or similar bag
- ☐ Neck pillow/eye mask for flight
- ☐ Journal and pens
- ☐ 220-volt converter and plug adapters
- ☐ Spanish to English dictionary or translator
- ☐ Powdered Gatorade or equivalent Nuun or Camelback electrolyte tablets (for overcoming dehydration)
- ☐ Earplugs
- ☐ Small alarm clock
- ☐ Snacks
- ☐ Rope for personal clothesline
- ☐ Toilet paper or tissues
- ☐ Battery-run personal fan
- ☐ Small instrument you play

## Optional Outreach Items

- ☐ Money for purchasing items locally (this helps the local economy)
- ☐ School supplies: pens, pencils, erasers, notebooks, backpacks
- ☐ Spanish Christian books and pamphlets
- ☐ Spanish Bibles and hymnals
- ☐ Group toys (jump ropes, soccer balls with pumps, etc.)
- ☐ Toothbrushes and toothpastes

## Requested Outreach Items

*You will receive an updated packing list closer to the project, which will likely include special outreach requests for the children's ministry and medical clinic programs.*

MEN - Large bottle of children's vitamins

WOMEN - Large bottle of women's vitamins

# THE MARANATHA STORE

## BUY MARANATHA MERCHANDISE!

Share the spirit of service with Maranatha-themed apparel and accessories.\*

### 2020 MARANATHA T-SHIRT \$10



The 2020 Maranatha shirt is a poly/cotton heather blend by Bella + Canvas. Color is "heather true royal"; unisex sizing.

### HARD HAT \$13



This MSA V-Gard hard hat, with Staz-On suspension, ensures excellent shock absorption on the job site.

**MARANATHA.ORG**

\*All confirmed volunteers on an International Maranatha Open Team receive a Maranatha t-shirt as part of their participation fee.



**TO ORDER, VISIT [MARANATHA.ORG/STORE](https://www.maranatha.org/store)  
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### CAP \$12



All cotton and easy to pack, this cap is sure to keep the sun off your face on a mission project and at home. Available in Khaki and Navy.

### WATER BOTTLE \$15



The autospout water bottle by Contigo features a one-touch-button spout for convenient one-handed drinking. It also has a spout shield to protect the spout from debris and dirt when not in use—perfect for the project site.

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