

Family Project India

Location: Ranchi, India Project Dates: December 18 - 31, 2020 Total Fee: \$1,940* (participation fee of \$1,150 and excursion fee of \$790) Children 12 and under: \$1,790 Deadlines October 12: Mount Everest Deadline November 9: Final Deadline

*All amounts are listed in U.S. dollars. International flights are not included in the participation fee

PROJECT OVERVIEW

Pola Adventist School

The Pola Adventist School is located near Ranchi, in the Indian state of Jharkhand. When it opened in 2011, the school was the only one in the village and there were 90 students meeting in one classroom and an old church building. Today, there are more than 160 students. There are not enough classrooms to accommodate all the students, and the dormitory does not have enough beds for all the boarding students. Younger children share single mattresses and the older children sleep on the floor. Meals are prepared in a shed, and there are not enough bathrooms on campus. Still, the school continues to grow. More parents want to send their children to Pola each day, but due to the existing infrastructure, the school cannot accept more students. School and church leadership reached out to Maranatha for assistance. Maranatha built a church in Pola in 2017, and now will return to build new classrooms, a dormitory, bathrooms, and a kitchen for the school.

Construction: Volunteers will lay brick walls for one of the new buildings

Outreach: The group will reach out through children's ministry and health education programs.

Medical and Dental: There is a need for medical and dental clinics in this area. If we have enough medical professionals, we will add this to the job scope.



COVID-19

Maranatha is moving forward with the preparations for this project in faith that it will be able to take place as planned. However, there is always a chance that situations can change as countries adapt to this post-covid world. If you are planning on participating, please go ahead and register. However, you may consider waiting to book flight itineraries or may choose to purchase additional flight insurance to minimize the potential risk if this trip is unable to take place as planned. We will update you if the status of this project changes.

MARANATHA IN INDIA

Maranatha is a responsive organization that works with the Seventh-day Adventist Church; all efforts are by invitation from local leadership.

Maranatha has been working in India since 1998. So far, nearly 2,000 projects, both churches and schools, have been completed. India has a desperate need for schools, and Maranatha has met this need through Elementary Education Centers (one large building with classrooms and a multi-purpose room) as well as campuses made up of multiple free-standing classrooms.

Children's Activities

Maranatha's Family Projects are designed to be family-friendly and accommodate volunteers of any age. One unique feature of a Family Project is a "day camp" for children 12 and under.

Children under five must have a parent with them at all times. Parents with kids, ages 5-12, have three options and can vary their decision, day by day.

- 1. Keep their child with them throughout the day.
- 2. Have their child join the day camp and stay to help with the activities of the day.
- 3. Drop their child off at the day camp while they join other areas of the project.

The day camp activities will include a variety of components. Every day will be different.

- **Construction |** We'll plan simple tasks so children can help with the construction.
- **Outreach** | We'll find ways for kids to help with children's ministry programs and other service activities.
- **Play** | We'll schedule time for kids to let loose and have fun.
- **Cultural Experiences** | We'll introduce kids to local customs, such as visiting a marketplace, seeing a local workshop, or washing clothes in a river.

Accommodations

Our group will stay at The Raso Hotel in Ranchi. Volunteers will gather for meals and worship in one of the meeting halls at the hotel.

Families will room together. Large families may be divided into rooms next door to each other. Individuals should plan on staying in double occupancy rooms with a roommate. If you would like to room with someone in particular, please let us know prior to the final deadline of the project. Volunteers wishing to stay in a private room can upgrade to a single room for \$740 per person. Please contact Maranatha to make these arrangements prior to the final deadline.

PROJECT SCHEDULE

<u>Friday, December 18</u> Arrival in Ranchi, India

Saturday, December 19 Worship with the local congregation

<u>Sunday, December 20 -</u> Thursday, December 24 Work days

<u>Friday, December 25</u> Christmas outreach and celebration

Saturday, December 26 Worship with the local congregation

<u>Sunday, December 27</u> Travel to Delhi

<u>Monday, December 28</u> Travel to Nepal

<u>Tuesday, December 29 -</u> Wednesday, December 30 Nepal excursion

<u>Thursday, December 31</u> Travel to Delhi and late evening departures for home

Amenities

Room Style	One queen or two singles
	one queen or two singles
Private Bathroom	Yes
Hot Water	Yes
Bed Linens	Yes
Towels	Yes, but not washcloths
Air Conditioning	Yes
WiFi	Yes, but slower than you'd expect at home
Laundry	Yes, at an additional expense
Pool	No
Distance to Work Locations	45 min - 1 hour

Excursions

Maranatha projects usually include a short excursion and may also offer an extended excursion as an optional add-on. If you choose to add any other excursions without Maranatha, please schedule them for before or after the project dates, so you won't miss out on any of the Maranatha experience.

Nepal

Located just north of India, this small, mountainous country is known for its gorgeous views of the Himalayas, including Mount Everest, as well as the beautiful architecture of the Hindu and Buddhist temples and shrines. Volunteers will enjoy exploring the area around Kathmandu and visit many of the famous sites.

Double-occupancy accommodations, all meals, ground transportation, insurance, and all entrance fees and tour guides are included in the fee paid to Maranatha. Flights are not included; see the travel information section below.

TYPICAL DAILY SCHEDULE

7:00 a.m.	Breakfast
7:30 a.m.	Group worship
8:00 a.m.	Depart for
0.00 a.m.	construction/
	clinics
12:00 Noon	Lunch
4:00 p.m.	Return from work
6:00 p.m.	Dinner
7:00 p.m.	Group worship

The key word for mission trips is FLEXIBILITY. The above schedule is our plan, but it may be adjusted due to weather or other unforeseen circumstances.





<u>Deadline</u>: Non-refundable deposits for the Mount Everest flight must be made on October 12. On this date, \$200 becomes non-refundable. Please include passport copies with your registration. Any volunteers who register after October 12 are not guaranteed this flight; however, we will make every possible arrangement to secure a spot.

Sunday, December 27

- Fly from Ranchi to Delhi
- Short Delhi tour after lunch

Monday, December 28

- Fly from Delhi to Kathmandu, Nepal
- Tea service at hotel
- · Relax and enjoy the hotel amenities

Tuesday, December 29

- · Early morning tourist flight with views of Mount Everest
- Pashupatinath Temple and Bouddhanath Stupa
- Visit the Patan Museum and Swayambunath Stupa after lunch

Wednesday, December 30

- Travel to Banepa and visit Scheer Memorial Hospital
- Souvenir shopping opportunities after lunch

Thursday, December 31

- Visit Bhaktapur Darbar Square
- Departures home after lunch

Taj Mahal Information

Maranatha is not coordinating an official excursion to the Taj Mahal on this project. However, many volunteers enjoy visiting this famous Indian landmark. If you are interested in seeing the Taj, we recommend that you do so prior to the project start date. Please plan to make all arrangements on your own; however, Butler Travel will be glad to assist those wishing to add this to the itinerary.

Leadership

Karen Godfrey	Project Coordinator
Danny Poljak	Construction Superintendent
Vinish Wilson	Maranatha Country Director
Rachel Wilson	Children's Day Camp Coordinator
Alice Danla	Maranatha Volunteer Support

We Need Your Help

The team is looking for a few additional leaders. If you would be interested in leading out in any of these areas, please contact Maranatha at (916) 774-7700. Medical and Dental Clinic Coordinator Children's Ministry Coordinator











Expenses

Participation Fee: \$1,930 (participation fee of \$1,150 and excursion fee of \$790) Children 12 and Under: \$1,790 Deadlines:

<u>October 12:</u> Mount Everest Deadline (minimum \$200 per person due) November 9: Final Deadline

All amounts are listed in U.S. dollars. Ages are determined on the start date of the project. For accounting purposes, the fee is broken down into a tax-deductible participation fee and a non-tax-deductible excursion fee. Discounts are available for families of three staying in the same room.

Payments can be made in three ways:

- Check sent to the Maranatha office in California (include a note with your name and "Family Project India -December 2020")
- Online using the project payment link in your confirmation email*
- Over the phone at (916) 774-7700*

*Canadian tax-deductible payments must be made by check to the Maranatha Volunteers International (Canada) Association (address located at the end of this information packet) in order to receive a receipt. At this time, Maranatha cannot issue tax-deductible receipts for credit card payments.

If you are fundraising or receiving donations, please have donations sent directly to you, or work with your local church treasurer to collect funds at the church and issue tax-deductible receipts. Do not have donors send individual small checks directly to Maranatha. If you have questions regarding this process, please contact Maranatha.

WHAT'S INCLUDED

- ☑ Accommodations
- ☑ Vegetarian Meals
- Ground Transportation
- ☑ Short-Term Insurance
- ☑ Portion of Construction Costs
- Portion of Outreach Activities
- ☑ T-shirt and Luggage Tags
- ☑ Local Excursion Activities, Guides, Entrances, Etc.

ESTIMATE OF ADDITIONAL COSTS

- Flight to Ranchi, India \$1,100 - 1700
- Domestic Flights: \$300-600
- Passport \$130 or \$110 for renewal
- □ India Tourist Visa: \$25
- □ Nepal Tourist Visa: \$30

ABOUT INDIA

- India is a large country, often referred to as a subcontinent, located in central Asia.
- Early in its history, India benefited from an expansive trading network exporting spices, ivory, and silk.
- India was colonized by the British in the 1600s. Efforts to liberate India started 200 years later, but independence wasn't achieved until 1947.
- India is the second most populous nation with more than 1.2 billion people.
- Although discouraged by the government, the caste system continues to dominate many rural communities. The poorest members of society live in poverty and suffer with illiteracy and inadequate access to clean water.
- India is a country of diversity and beauty, characterized by unique architecture, music and dance, religious festivals, spicy food, colorful clothing, and much more.

Foreign Cash

India uses the rupee and has an exchange rate of approximately 70 rupees to \$1 US dollar (December 2019). This exchange can be made at the airport, or the project coordinator can also exchange money for you at a flat rate in increments of \$10. Many countries offer better exchange rates for larger bills (\$50's and 100's), so if you bring small bills you might get a different exchange rate. Any cash you bring should be in new, unmarked, and untorn bills.

While some establishments accept credit and debit cards, most small shops only accept cash. It is wise to let your credit card company know the dates you will be traveling so they don't block your card when you use it in a foreign country.







Tipping

Your project coordinator will take care of paying guide tips on group excursions. If you feel like someone (guide, hotel staff, etc) has provided excellent service during your trip, you are more than welcome to show your gratitude with additional tips. If you have any questions during the project about whether or not tipping would be appropriate, your project coordinator or Maranatha in-country support staff can help you understand the local culture.

Electricity

- Current: 220-240 volt AC
- Outlet: Type D and C

Non-dual-voltage appliances will need a voltage converter in addition to the plug adapter.





FACTS AND FIGURES

Capital: New Delhi

Population: 1.2 billion

Language: Hindi 41%, Bengali 8%, Telugu 7%, and various local languages and dialects

Climate: Humid and monsoon in southern India, temperate in the north

Religion: Hindu 81%, Muslim 13%, Christian 2%, Sikh 2%

Currency: Indian Rupee

Weather

Weather patterns can change suddenly, so Maranatha recommends that volunteers check the 10-day forecast for the project area before traveling.

Ranchi | Expect temperatures in the mid 60s to mid 70s during the day and dipping into the low 50s at night. It is not the rainy season, but a few small rain showers may take place.

Nepal | Expect cool temperatures ranging from the mid 50s to mid 60s during the day and dipping into the low 30s at night. There can also be more wind up in the mountains.

TRAVEL INFORMATION

Please complete the online registration and wait for confirmation from Maranatha before purchasing your airfare.

If this is your first time traveling abroad (or you need a refresher course), you may want to check out Maranatha's <u>International Traveler Guide</u> (available at <u>maranatha.org</u> under volunteer resources), which shares tips on everything from booking travel to communicating with those at home.

Flights

Please be careful to follow these guidelines when booking your travel. If you arrive or depart outside these posted windows, you may have long wait times at the airport or be responsible for paying the additional transportation costs for your individual airport transfer. If you have questions about your itinerary, please contact Maranatha prior to booking to avoid any additional charges.

Most itineraries will require a layover in Delhi on your way to Ranchi. If you would like a hotel, you will need to make your own arrangements. There is a Holiday Inn Express inside the terminal at the Delhi airport. There are also several hotels in the Delhi "aerocity" just a short taxi ride away. The Lemon Tree is a good hotel in the aerocity that Maranatha often recommends. Make sure you plan your flights with enough time to pick up your bags and re-check in for your next flights and clear security.

Sometimes finding the domestic flights that line up with Maranatha's guidelines and your international flights can be difficult. A travel agent can help you look at all flight options. It might be more cost effective to book a round trip ticket to and from Delhi and book your domestic tickets separately.

- Arrive: Ranchi, India (IXR) Friday, December 18, 2020, before 12:00 p.m., noon.
- **Excursion:** Book the following flights:
 - December 27: Air Vistara Flight # 752 from Ranchi (IXR) to Delhi (DEL) departing at 8:55 a.m.
 - <u>December 28</u>: Indigo Airlines Flight # 31 from Delhi (DEL) to Kathmandu (KTM) departing at 11:40 a.m.
 - <u>December 31</u>: Indigo Airlines Flight #32 from Kathmandu (KTM) to Delhi (DEL) departing at 2:45 p.m.
- Depart: Delhi, India (DEL) Thursday, December 31, 2020, after 11:00 p.m or Friday, January 1, 2021 before 5:00 a.m.

Arriving Early or Staying Late?

Some of you may choose to extend your travel before or after the project. Since our volunteers bring so much to the shared experience of the project, we ask that you participate in the entirety of the Maranatha project (during the advertised dates). Any additional travel outside of the Maranatha project should be scheduled for before or after the project dates to avoid mid-project interruptions. If you choose to add additional travel, you are responsible for making your own hotel and transportation arrangements for the time outside of the arrival and departure windows listed above. If you have any questions, feel free to call Maranatha at (916) 774-7700.

Travel Resources

- CI Azumano Travel: 800-454-4099 or by email with Erle Dpenha or Azumano Team at corporatetravel@ciazumano.com
- Butler Travel: 503-879-5005 or by email with Nathanael at <u>nathan@butlertravel.com</u> or with Ellen at with <u>ellen@butlertravel.com</u>.

Entry Requirements

Below are the requirements for U.S. and Canadian citizens. If you hold a passport from another country, please consult the Indian embassy or consulate in your home country for entrance requirements.

Passport | All passports must be valid for at least six months from the dates of intended travel (July 1, 2021). If you do not have a passport, U.S. citizens can apply at any U.S. post office or online at <u>http://travel.state.gov</u>. Canadian citizens can apply online at <u>www.passport.gc.ca</u>. It can take up to two months to complete the entire process, so plan accordingly to give yourself enough time to receive your passport.

Indian Visa | Visitors must also have a tourist visa for the country of India before traveling. A document with complete visa requirements and tips for filling everything out will be sent once you're confirmed for this project.

The visa must be completed online at least four days before your arrival in India and no earlier than 30 days (for the 30-day visa) or 120 days (for the five-year visa). Maranatha recommends that you don't register exactly on the first eligible day because if you are delayed in your travel, you don't want your visa to expire before you arrive in India. You'll receive a confirmation page that you will need to take with you to the airport in order to board your flight.

Nepal Visa | Travelers must also have a tourist visa for Nepal for the excursion portion of this project. A 15-day tourist visa can be acquired upon arrival in Kathmandu for \$30 USD. Those who prefer to have their visa ahead of time can process directly through the Embassy of Nepal.

Traveling With Minors

Birth Certificate | Countries continue to make efforts to prevent child-trafficking, so some hotels and airports require proof of parent-child relationships, even if your child is a teenager. Maranatha recommends guardians bring a copy of their child's birth certificate and any other documents (guardianship papers etc) to answer these questions.

Parental Consent Form | If a legal minor (under the age of 18 on the date you depart) is traveling without both parents or legal guardians, Maranatha requires a parental consent form. This form confirms that both guardians have consented to their child leaving the country with an appointed

person and Maranatha. It also gives Maranatha permission to treat the child medically in case of an emergency.

You can find this form online at <u>www.maranatha.org/resources</u>. Mail one notarized original to Maranatha and keep another notarized original with you as you travel. The form will ask for two appointees. The first will be the guardian traveling with the minor. The other will be Karen Godfrey, Maranatha's project coordinator.

Special Circumstances

- **Divorced Parents:** Both parents must still sign the form. If one parent has sole legal and physical custody, provide a copy of the divorce decree stating such.
- Deceased Parent: Provide copy of death certificate.
- Legal Guardians: Provide a copy of guardianship paperwork.
- Other Situations: Contact Maranatha for guidance.

Luggage Considerations

Please check with your airline or travel agent for luggage weight and piece allowances for each portion of your itinerary. Domestic flights often have tighter restrictions. In addition to your checked bags, airlines usually allow one carry-on item, as well as a personal item such as a purse or small day pack. However, each airline is different, so read through your airlines baggage policy before you head to the airport.

Sometimes bags are delayed, so please bring your personal medications and a day's worth of clothes and toiletries in your carry-on luggage, just in case. We recommend that you keep your carry-on luggage with you; do not "gate-check" your bags, especially if the bags have electronics or camera gear.

HEALTH AND SAFETY

Travel Safety

Understanding the culture and educating yourself about travel in India is the best way to keep safe. Below are a few tips for you to consider.

- Leave valuables (expensive or sentimental) at home.
- Dress conservatively; a flashy wardrobe attracts more attention.
- Use a money belt or concealed pouch for passports and cash. Watch your wallet.
- Don't leave valuables unattended in open sight.
- Avoid marginal areas of cities, dark alleys, and crowds. Use caution and keep moving if strangers, including vendors, approach you on the street.
- Don't travel alone or at night.

Worksite Safety

Maranatha has a very high safety record on the worksite. The safety equipment you'll need will depend on the project scope and what job you do (see packing list). Hard hats and closed-toe shoes are required on all job sites.

Short Term Travel Insurance

All volunteers will be covered by a short-term insurance policy from the time they leave their home country until the time they arrive back in their home country. The policy does not have a deductible and covers accidents and illnesses. As with all insurances, some exclusions apply. Maranatha does not carry or maintain health, medical, workers compensation, or disability insurance coverage. The coverage amounts and details can be found at <u>www.maranatha.org/insurance</u>.

CONSTRUCTION SITE SAFETY RULES



For volunteers extending their travel before or after a project, the insurance will start and end with the Maranatha project dates. If you would like to extend your coverage for your extra travel at your own expense, contact Maranatha.

You will receive a brochure, prior to your project, listing the policy number and contact information should you need assistance during your travel.

Medical Recommendations

While Maranatha does everything in our power to ensure the safety of our volunteers, it is also advisable to do your own research when it comes to the medical precautions. We recommend that you schedule a consultation with your physician or a travel clinic to discuss the medical risks in India and the ways to minimize them. If at any time during the project you start to feel sick, speak with the project medical professional and the project leader as soon as possible.

COVID-19 and Other Viruses

When traveling, you may be exposed to viruses, such as the recent COVID-19 virus. We recommend a few simple tips to minimize your risk:

- Practice social distancing by keeping a distance of 6 feet between you and others when possible.
- Wear a face covering over your nose and mouth.
- Avoid close contact with people who are sick.
- Wash your hands often, with soap and water, for at least 20 seconds.
- If you don't have access to soap and water, use hand sanitizer with at least 60 percent alcohol, rubbing your hands until dry.
- Avoid touching your face, especially your eyes, nose, and mouth.
- Clean and disinfect frequently touched surfaces using disinfectant wipes.
- Wash your hands after shaking hands with others or handling cash.
- Get adequate sleep.
- Drink plenty of purified water.
- Try to eat a well-balanced diet, avoiding sugar.

Malaria and Japanese Encephalitis

VACCINES

Tetanus Required by Maranatha

Typhoid Recommended by CDC*

Hepatitis A Recommended by CDC

Anti-Malarial Medication Recommended by CDC

Japanese Encephalitis Recommended by CDC

*Centers for Disease Control and Prevention

According to the Centers for Disease Control and Prevention (CDC), most locations in India are considered to be at risk for malaria. There are different oral medications that can lower your risk of contracting malaria. You will need a prescription and each has different side effects and dosages, so speak with a doctor. Please note that the malaria strain present in India is chloroquine-resistant.

India is also considered a transmission area for Japanese encephalitis. There is a vaccine for this virus, and it is typically only recommended for travelers spending more than a month in endemic areas. However, the CDC also recommends considering the vaccine even for short-term travelers if they plan to be in endemic areas during transmission season (May - October) or are traveling to rural areas.

Mosquitos and Other Insects

Mosquitos and other flying insects can carry a variety of diseases including malaria, chikungunya, zika, and dengue. Personal precautions are strongly recommended to lower the risk of being bitten.

- Use a bug repellent with a 30-50 percent concentration of DEET.
- Wear long sleeves, long pants, and closed-toe shoes when possible.
- Avoid areas of standing water.
- Avoid spending a lot of time outside during dusk and dawn.

Food and Water

Food and water safety standards vary greatly from country to country, and we recommend that you exercise caution with the food and water you consume while abroad. Maranatha will provide purified water, but please bring your own reusable water bottle to refill from the large containers.

- Eat only food provided by Maranatha.
- Purchase only commercially packaged snacks, not from street stands.
- Drink only purified water and sealed juices and sodas.
- Do not drink items with ice cubes.
- Do not brush your teeth with tap water, use purified water.

Allergies and Dietary Restrictions

Maranatha provides three vegetarian meals each day. We ask for your allergies on your registration form and will do our best to accommodate your needs. However, on large projects especially, it is harder for our cooks to accommodate special requests. If your diet is very restrictive (vegan, gluten free, etc) we recommend that you bring items such as soy milk powder, gluten-free bread, etc. to supplement the meals provided by the cooks.

ADDITIONAL INFORMATION

Cultural Sensitivity

It's important to enter another culture with respect and understanding of their traditions. Women in India are usually expected to dress and act more modestly than what is sometimes seen in North America.

Cultural sensitivity also means we will respect Adventist culture in India. Adventists in India tend to be more conservative than Adventists in the United States and Canada. During the project, we will be sensitive to this by dressing as modestly as possible. Pants and cap sleeves are preferred to shorts and tank tops. For church activities, women will need to have skirts that reach past the knees, and men are expected to wear ties if they are involved in the activities on the platform. Another option is for you to purchase local attire like the church members wear on Sabbaths. The locals will greatly appreciate the gesture.

Maranatha Lifestyle

Each mission trip is a unique experience, and during the project, there is a great need for flexibility. Volunteers on Maranatha projects come from a variety of backgrounds and lifestyles. As we all become one big family for two weeks, we will need to refrain from some of our personal desires and freedoms and adopt the lifestyle of the group.

On all of our projects we ask that volunteers refrain from using alcohol, tobacco, marijuana or other nonprescription drugs during the trip.

Maranatha projects are open to individuals of all faith backgrounds and we ask that all volunteers come into the project with an attitude of respect towards one another. On Maranatha projects, worship services are held on Sabbath (Saturday), and we ask all volunteers to participate in the experience with the group. While we do our best to make provisions to avoid extensive travel or utilizing restaurants on Sabbath, sometimes it is hard to avoid. Please be aware of this and if you have any questions, please speak with your project coordinator.

HOW TO REGISTER

- 1. Complete online registration form
- 2. Check email
- 3. Make payment(s)*
- 4. Book flights
- 5. Send itinerary and passport copy to Maranatha

*If for any reason you need to cancel your participation, deposits are refundable up until one month prior to the project (unless noted otherwise). Cancellations within 30 days of the project are subject to a \$150 per-person fee, and the remainder will be refunded depending on the project arrangements already made on your behalf.

CONTACT INFORMATION

Phone: (916) 774-7700 Fax: (916) 774-7701 Email: <u>volunteer@maranatha.org</u> Website: <u>www.maranatha.org</u>

Mailing Address:

Maranatha Volunteers International 990 Reserve Drive Suite 100 Roseville, CA 95678

Canadian Payments Only:

Maranatha Volunteers International Association c/o V06494C PO Box 6494, Station Terminal Vancouver, BC V6B 6R3

PACKING LIST

A checklist of recommended items to take with you on a Maranatha project.

Work Wardrobe

- □ Long work pants (2-4 pairs)
- □ T-shirts and/or long-sleeved cotton shirts for work (5-7)
- □ Strong, flexible construction gloves (REQUIRED)
- □ Hard hat (REQUIRED)
- □ Handkerchief or bandana for neck protection
- Sunglasses or safety glasses
- □ Sturdy work shoes

Tool List

The more tools the group brings, the more likely it is that everyone can keep involved in the construction process.

- □ Measuring tape (25')
- □ Box level (2-3') one per family
- □ Block trowel (10-12") pie-shaped
- □ Marking pencils
- □ Lineman's pliers optional
- □ Masonry line and line blocks optional
- Rubber dish gloves optional
- Block hammer optional

Items to Remember

- □ Maranatha t-shirt
- □ Passport
- □ Photocopies of your passport in checked baggage
- Copy of your airline ticket or itinerary
- Printed eVisa confirmation
- □ Minor Consent Form (for those under 18)
- Copy of final packet with project addresses
- Personal prescribed medication (in carry-on) as well as items like Tylenol, Band-Aids, Pepto Bismol etc.
- Shoes and socks
- □ Underclothes
- □ Slacks
- Casual shirts and tops
- □ MEN- Dress shirt and tie for Sabbath
- WOMEN- Dresses and/or skirt and blouse with sleeves for Sabbath
- □ Hat for sun protection
- □ Sleepwear
- □ Shorts
- Jacket and/or sweatshirt

- □ Flip-flops or sandals
- D Personal toiletries (soap, deodorant, etc.)
- Hand sanitizer
- □ Insect repellent (30% DEET or higher)
- □ Sunblock (SPF 30+)
- □ Lip balm (with sunblock)
- Water bottle
- Bible
- Camera, batteries, and memory cards
- □ Flashlight with extra batteries
- □ Washcloth
- Cash for meals in airports, souvenirs, or special projects that may come up

Optional Items

- Lightweight daypack or similar bag
- □ Neck pillow/eye mask for flight
- Journal and pens
- □ 220-volt converter and plug adapters
- Powdered Gatorade or equivalent Nuun or Camelback electrolyte tablets (for overcoming dehydration)
- □ Earplugs
- □ Small alarm clock
- □ Snacks
- Rope for personal clothesline
- Toilet paper or tissues
- □ Small instrument you play
- □ Binoculars

Optional Outreach Items

- Money for purchasing items locally (this helps the local economy)
- School supplies: pens, pencils, erasers, notebooks, backpacks
- Christian books and pamphlets
- □ Bibles and hymnals
- Group toys (jump ropes, soccer balls with pumps, etc.)
- Toothbrushes and toothpastes

Requested Outreach Items

You will receive an updated packing list closer to the project, which will likely include special outreach requests for the children's ministry and medical clinic programs.

THE MARANATHA

STORE

BUY MARANATHA Merchandise!

Share the spirit of service with Maranatha-themed apparel and accessories.*



TO ORDER, VISIT MARANATHA.ORG/STORE OR CALL (916) 774-7700

All prices are excluding sales tax and shipping.

2020 MARANATHA T-SHIRT \$10



The 2020 Maranatha shirt is a poly/cotton heather blend by Bella + Canvas. Color is "heather true royal"; unisex sizing.

HARD HAT \$13



This MSA V-Gard hard hat, with Staz-On suspension, ensures excellent shock absorption on the job site.

CAP \$12



All cotton and easy to pack, this cap is sure to keep the sun off your face on a mission project and at home. Available in Khaki and Navy.

WATER BOTTLE \$15

MARANATHA

The autospout water bottle by Contigo features a one-touchbutton spout for convenient one-handed drinking. It also has a spout shield to protect the spout from debris and dirt when not in use—perfect for the project site.



MARANATHA.org

*All confirmed volunteers on an International Maranatha Open Team receive a Maranatha t-shirt as part of their participation fee.