



## Raita

Since many dishes in India are spicy, people use raita to cool down the curries and kebabs common in Indian culture. Raita can also be used as a dip with naan bread.

**Serves: 1**

### Ingredients

1/2 cup plain yogurt  
1/2 cup chopped seeded English hothouse cucumber  
2 tablespoons chopped fresh cilantro  
2 teaspoons chopped green onions  
1/4 teaspoon ground coriander  
1/4 teaspoon ground cumin

### Instructions

Mix all ingredients in medium bowl.  
Season to taste with salt.  
Chill raita, covered, until ready to serve.