

Young Adult Project 2018

Information Packet

Location: Kiutine, Kenya Project Dates: July 4 - 18, 2018 Total Fee: \$1,655 (participation fee of \$1,065 and excursion fee of \$590)

Flight to Nairobi is not included in the participation fee



Maranatha in Kenya

Maranatha's first volunteer project in Africa took place in 2008, during a major construction effort in Mozambique. Since then, Maranatha has expanded to several other African countries including Zimbabwe, Zambia, Malawi, Angola, and Ghana. In 2016, Maranatha kicked off a new effort in Kenya, with plans to drill water wells and construct churches, school classrooms, dorms, and dining facilities.

Project Overview

Volunteers on this project will be building new block buildings for the Kiutine Adventist School approximately an hour northeast of Meru, Kenya. The students at this secondary school currently live in less than adequate conditions. The dormitories are small and cramped with dirt floors. The walls have holes where bugs, mice, and snakes can easily enter. The showers are open to the elements, only enclosed by a fence, and the floor is mud and rocks. Students use buckets to bathe and hardly leave clean.

Maranatha has committed to building new boys and girls dormitories, bathroom buildings, and a kitchen and dining hall, as well as drilling a water well on the campus. Several Maranatha groups will be working at this campus in the summer and fall of







Project Schedule

<u>Wednesday, July 4</u> Evening arrivals and overnight in Nairobi

<u>Thursday, July 5</u> Travel to Kiutine and orientation

<u>Friday, July 6</u> Work day

<u>Saturday, July 7</u> Worship with the local congregations

<u>Sunday, July 8 - Thursday, July 12</u> Work days

<u>Friday, July 13</u> Half work day and dedication

<u>Saturday, July 14</u> Worship with the local congregations

<u>Sunday, July 15</u> Travel to Nairobi

<u>Monday, July 16</u> Travel to the Masai Mara, afternoon safari

<u>Tuesday, July 17</u> Full day safari at Masai Mara

<u>Wednesday, July 18</u> Return to Nairobi for evening departures 2018. Volunteers on this project will be constructing one of the buildings. The exact building assignment is still to be determined based on the current construction progress up to that point.

During the project, volunteers will also visit and worship with Adventist congregations of the Samburu tribe. Prior to Maranatha's work, these congregations met under trees for worship. Now several congregations meet in One-Day Church structures, which not only protect them from the elements, but also provide a sense of permanence and purpose as they worship God. In these towns, you will have the rare opportunity to witness tribal life in Kenya.

This area of Kenya is relatively poor and would also be greatly impacted by outreach activities such as children's programs and health education. If we have enough volunteers, we would like to offer these programs to the community. If you are interested in leading or helping to lead these activities, please contact Maranatha.

Accommodations

Volunteers should plan on staying in double occupancy rooms with a roommate. If you would like to room with someone in particular, please let us know prior to the final deadline of the project, June 4.

Nairobi:

In Nairobi, the group will stay in guesthouses on the campus of the East Central African Division of Seventh-day Adventists (ECD). The accommodations are nice and clean. You can expect double occupancy rooms with bedding and mosquito nets. Most of the rooms are set up in groups of four, sharing one bathroom with hot water.

Project: New Housing!

During the project, the group will stay at the iKweta Country Inn in Maua, Kenya, about 40 minutes from the school construction site. After a visit to the area a new contract was made and we were able to switch accommodations to this hotel which is an upgrade from where the group was originally planning on staying.

The rooms are nicely decorated and comfortably furnished with either two twins or one queen bed. Linens and mosquito nets are provided. Washcloths are not commonly provided in Kenya, so plan on bringing your own. Each room has a private bathroom with hot water. The rooms do not have AC, but the weather in Maua does not often get above 75 in the summer. If you are worried about the heat, you may consider bringing a portable fan. The rooms are located amongst open air patios and beautiful flower gardens. WiFi is available in the conference rooms and the lobby.

The group will meet together for a buffet breakfast and dinner at the hotel. Sack lunches will be taken with the group in the morning. We will use one of the conference rooms for worships. Each day, the group will travel to the Kiutine school by private buses.

Excursion:

On the excursion, the group will stay at the beautiful Sopa Lodge at the Masai Mara. The gardens surrounding the lodge are lush and mature with many examples of local fauna. The hotel rooms are large with queen and king size beds, mosquito nets, hot water, Wi-Fi, and private bathrooms. For more information and photos of the Sopa Lodge, visit:

www.sopalodges.com/masai-mara-sopa-lodge/overview







Leadership

Angela Boothby, Project Coordinator | Angela grew up on a small farm in Michigan with her parents and two brothers. She currently works at Heritage Academy, where she is a girl's dean and teaches classes. In addition, she organizes outdoor education trips where she combines her love of nature and God. Angela first joined Maranatha in 2006 as a participant on the Ultimate Workout, Maranatha's teen project. In the last few years she has joined both the Ultimate Workout and Young Adult Projects in leadership positions. She is very close to her family and loves to spend time with them when not traveling the world. Angela is thrilled to be leading this project!



Looking for More Leaders

This project still needs a Construction Superintendent, Team Medic, and Outreach Coordinator. If you are interested in leading any of these areas, please contact Maranatha at (916) 774-7700.

Expenses

The total fee of \$1,655 covers housing, three vegetarian meals a day, ground transportation to and from the airport and project site, translators, excursions, short-term travel insurance, a Maranatha t-shirt, and luggage tags. For accounting purposes, this fee is broken down into a participation fee of \$1,065 (which is tax- deductible) and an excursion fee of \$590 (which is not tax-deductible).

Maranatha must receive all funds and forms by June 4, due to application processing time. <u>Wait for confirmation of acceptance on the project before purchasing your airfare.</u>

All prices are listed in U.S. dollars. Payments can be made by cash or check sent to the Maranatha office in California (please include your name and "Young Adult Project 2018") or by credit or debit card online or over the phone.

For Canadian tax-deductible receipts, payments must be made by check to the Maranatha Volunteers International (Canada) Association (address located at the end of this information packet). At this time Maranatha cannot issue tax-deductible receipts for credit card payments.

If you are fundraising or receiving donations please either have them sent directly to you or work with your local church treasurer to collect funds and issue tax-deductible receipts, since it is difficult for Maranatha to track individual small checks. If your church will not work with you, please wait until you have collected the full amount of your participation fee before submitting your participation fee to Maranatha.

Estimate of Additional Costs

- Flight to Nairobi: \$850 \$1500
- Passport: \$130 or \$110 for renewal
- Visa: \$51 + service charge
- Yellow Fever Vaccine: \$75
- Malaria Medication: \$50 \$100

About Kenya

Kenya is located in Eastern Africa with its westernmost point at Lake Victoria, the largest lake in Africa, and the easternmost point at the coastline of the Indian Ocean. This beautiful country is a little smaller than the state of Texas in the United States and boasts a range of landscapes. There are plains, dense forests, wetlands, snow-capped mountains, vast deserts, and white-sand beaches.

But it isn't just the geography of Kenya that is diverse. Kenya is home to more than 40 tribes, including the famous Maasai people. Each of these groups has their own culture and way of life, including elaborate and colorful dress, jewelry, dances, music, and language.

Some of the original inhabitants of the region were herders who took care of their animals and farmed the region. The Swahili people built the city of Mombasa into a major port and established trade links that reached into Arabia, Persia, and India. The area was largely colonized by England by way of the Imperial British East Africa Company in 1888. In 1920, the colony was renamed Kenya after the highest mountain in the region. In the early part of the 20th century, many European farmers who attained wealth through coffee and tea production settled the highlands. Kenya eventually received its independence in 1964.

Travel Information

Volunteers will purchase their own plane tickets to the city of Nairobi. If you arrive or depart outside the posted time frames, you may have long wait times at the airport or have to pay for your individual airport transfer. It may also result in missed portions of the project experience.



Facts and Figures

<u>Capital:</u> Nairobi

Population: 45.9 million

Language: Kiswahili, English, and indigenous languages

<u>Climate:</u> Tropical along coast. Arid inland

<u>Religion:</u> Christian 83%, Muslim 11%

Currency: Kenyan shilling

Please wait for confirmation from Maranatha before purchasing your airfare to ensure there is still space on the project. Volunteers will travel together by bus to the project location.

Flights

Arrival

Please plan to arrive in Nairobi, Kenya (airport code NBO), between 6 p.m. and 10 p.m., in the evening of Wednesday, July 4.

Departure

Please plan to depart from Nairobi (NBO) anytime after 5:30pm on Wednesday, July 18.

Arriving Early or Staying Late?

Kenya has some beautiful travel destinations. Some of you may choose to arrive earlier than July 4 or stay beyond July 18 to explore the country on your own. Please make your own hotel and transportation plans for any days outside of the Maranatha project dates. If you have any questions, feel free to call Maranatha at (916) 774-7700.

Travel Resources

CI Azumano Travel: 800-454-4099 or by email with Erle Dpenha or Azumano Team at <u>corporatetravel@ciazumano.com</u> **Butler Travel:** 503-879-5005 or by email with Nathanael at <u>nathan@butlertravel.com</u> or with Ellen at with <u>ellen@butlertravel.com</u>. **Kayak:** <u>www.kayak.com</u>

When contacting the Azumano or Butler travel agencies, make sure you mention Maranatha to receive a discounted service charge.

Entry Requirements

Passport | All passports must be valid for at least six months from the dates of intended travel (January 18, 2019). If you do not have a passport, U.S. citizens can apply at any U.S. post office or online at <u>http://travel.state.gov</u>. Canadian citizens can apply online at <u>www.passport.gc.ca</u>. It can take up to two months to complete the entire process, so plan accordingly to give yourself enough time to receive your passport.

Tourist Visa | In addition to a passport, travelers must have a valid tourist visa for the country of Kenya before traveling. A document with complete visa requirements and a travel itinerary with project addresses will be sent to you with your confirmation. The Kenyan visa is done online and is good for three months from date of issue; Maranatha recommends waiting until the end of May to complete this process. Currently, U.S. and Canadian visitors can obtain visas upon arrival in Nairobi. However, Maranatha recommends processing the visa ahead of time to avoid the extra paperwork and delays when you arrive in Kenya.

Minors ages 16 and under do not need a Kenyan tourist visa, according to the Kenyan Department of Immigration Services.

If you are from a country other than the U.S. or Canada, please check with the Kenyan Embassy in your region for the most up-to-date entrance requirements.

Staying Healthy

Maranatha requires that every volunteer have a current tetanus vaccine (within the last 10 years). The Centers of Disease Control and Prevention (CDC) also recommend vaccines for hepatitis A and B, typhoid, yellow fever, and an oral antimalarial medication other than chloroquine.

You may already have some of these vaccinations and they may still be good for this trip. Others you may deem unnecessary for this trip. Maranatha recommends that you schedule a consultation with your physician or a travel clinic to discuss the medical risks in Kenya and the ways to minimize them.

Malaria, Yellow Fever, and Mosquitos

Malaria and yellow fever are both life-threatening diseases, transmitted primarily by mosquitos. Malaria transmission is known to take place throughout the entire country, and yellow fever is present in all areas except for the coastline. Maranatha suggests you speak with a medical professional regarding malaria and yellow fever prevention options. Malaria is prevented through several different oral medications. Each has different side effects and dosages, so speak with a travel clinic doctor before making a decision on whether to take a certain medication. When considering preventative medications for malaria, keep in mind that chloroquine is NOT effective in Kenya. The malaria strain present in the country is considered to be chloroquine-resistant. Yellow fever is prevented by a vaccination.

How to Register

To register, please complete the online registration and pay the full participation fee or an initial deposit of at least half the total participation fee. You can make this payment by credit card online or over the phone, or with a check made out to Maranatha Volunteers International and sent to the address below. If for any reason you need to cancel your participation, Maranatha will do our best to refund your deposit up until one month before travel. After that point, \$150 is non-refundable and the remainder will depend on the reservations and the project arrangements already made.

Register online at Maranatha.org or over the phone.

Contact Information

Phone: (916) 774-7700 Fax: (916) 774-7701 Email: <u>volunteer@maranatha.org</u> Website: <u>www.maranatha.org</u>

Mailing Address:

Maranatha Volunteers International 990 Reserve Drive Suite 100 Roseville, CA 95678 **Canadian Payments Only:** Maranatha Volunteers International Association c/o V06494C PO Box 6494, Station Terminal Vancouver, BC V6B 6R3

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2018 MARANATHA T-SHIRT \$10



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CAP \$12



All cotton and easy to pack, this cap is sure to keep the sun off your face on a mission project and at home.

HARD HAT \$11



MARANATHA.org

This MSA V-Gard hard hat, with Staz-On suspension, ensures excellent shock absorption on the job site.

WATER BOTTLE \$15



The autospout water bottle by Contigo features a one-touch-button spout for convenient one-handed drinking. It also has a spout shield to protect the spout from debris and dirt when not in use—perfect for the project site.



*All confirmed volunteers on an International Maranatha Open Team receive a Maranatha t-shirt as part of their participation fee.