



# Camp Frenda (ON) Project

## Information Packet

**Location:** Ontario, Canada

**Project Dates:** October 2-11, 2017

Arrive on October 2 and start work on October 3



Maranatha Volunteers International is a not-for-profit 501 (c)(3) organization headquartered in Roseville, California, mobilizing volunteers to participate in humanitarian services. Our mission is to spread the Gospel throughout the world as we help people through the construction of urgently-needed buildings. Each year, Maranatha works with organizations, internationally and in North America, to provide volunteer labor for various construction or renovation projects. The Camp Frenda (ON) Project is one of our many efforts based in North America.

## Project Overview

Camp Frenda is one of the oldest continuously-operating camps in Ontario. Camp Frenda is a Christian camp, owned and supported by the Seventh-day Adventist Church, that welcomes people to life changing experiences. It is located in the heart of the Muskoka vacation land and is approximately 200 km from Toronto. Camping authorities recognize Camp Frenda as one of the finest-equipped camps in Canada.

On this project volunteers will help with painting the interior of six large cabins, constructing a boat and house, felling trees (processing into firewood), and helping with other general maintenance. There is a lot to be accomplished, and Maranatha volunteers will be a huge blessing to Camp Frenda.

## Leadership

**Project Coordinator:** Susan Woods

**Construction Superintendent:** David Woods

**Local Contact:** Glenn DeSilva, Camp Director

## Accommodations

There is space for 40 volunteers on this project. Volunteers who have requested housing will be staying in a 2-person room chalets with bathrooms in each room. There are also some RV sites with partial hookups available for those wishing to bring their RV. If housing is limited, priority will be given to volunteers who can participate the entire length of the project.

## Expenses

The only costs to volunteers are the travel expenses to and from Camp Frenda in Port Carling, Ontario. Three vegetarian meals a day, accident insurance, and housing are provided by Camp Frenda in exchange for your volunteer labor.

## Project Schedule

**Monday, October 2**  
Arrival at Camp Frenda

**Tuesday - Friday, October 3 - 6**  
Orientation and Work Days

**Saturday, October 7**  
Sabbath

**Sunday-Tuesday, October 8-10**  
Work Days

**Wednesday, October 11**  
Departure from Camp Frenda

## Allergies and Dietary Restrictions

Maranatha provides three vegetarian meals each day. We ask that you specify your allergies on your registration form, and we will do our best to accommodate your needs. However, we cannot meet all special requests. If your diet is restrictive (vegan, gluten-free, etc.) we recommend that you bring items such as soy milk powder, gluten-free bread, etc. to supplement the meals provided by the cooks.

## About Port Carling, Ontario, Canada

Port Carling is a community in the Township of Muskoka Lakes in the Canadian province of Ontario. Port Carling is located on the Indian River and nicknamed Hub of the Lakes.

## Attractions

Volunteers may choose to arrive early or leave a few days after the project concludes in order to appreciate local sights and activities. Volunteers are responsible for making their own arrangements, including food and lodging, for all days outside of the project dates. There are museums, art galleries, boat tours, shopping opportunities, and restaurants all surrounded by water. For other points of interest, please visit [www.tripadvisor.com](http://www.tripadvisor.com) to search for "Things To Do" in Port Carling, Ontario, Canada.

## Weather

Average temperatures for October during the project dates average in the low 60's to low 40's Fahrenheit. Of course, current weather conditions can change at any time, so we recommend that you check the 10-day forecast before leaving to ensure that you are prepared for the most current weather conditions in Port Carling, Ontario, Canada.

## Travel Information

### Flights

Once you have registered and been confirmed, if you are flying to the project, please plan to arrive on October 2nd and depart on October 11th. The closest airport is Toronto International Airport (YYZ), a 2.5 hour drive from Camp Frenda. Please book flights that come in before 6 p.m. on the arrival date. If you need to fly in later, please check with the Maranatha office to confirm that your arrival time can be accommodated. Please send your itinerary to [volunteer@maranatha.org](mailto:volunteer@maranatha.org) so pick-up arrangements can be made.

### Project Address:

**1231 Morinus Road  
Port Carling, Ontario, L1E 1Z7**

### AIG Insurance Coverage

Maranatha mission projects are construction projects where people can get hurt. It is not possible for Maranatha to analyze everyone's insurance policy to see whether his or her insurance is current and the coverage is in effect at the location of the project. The Maranatha Board of Directors decided that the safest route is to require everyone to be covered by the insurance coverage through Maranatha's carrier. For projects taking place in North America, the cost of this is covered by the hosting organization.

All volunteers will be covered by this insurance policy from the time they depart for the project until they return home. For volunteers who have extended travel by arriving before or staying after a project, the insurance would start and end on the Maranatha project dates based on the project application.

The policy that volunteers are covered on depend on location of project and home residency of the volunteer. Both policies are primary policies that do not have a deductible. As with all insurances, exclusions apply. An insurance brochure with the policy information and list of benefits will be sent to you in the confirmation email for this project.

## Safety

Maranatha has a very high safety record on the worksite. This is, in part, because we require everyone on the construction site to wear a hard hat and gloves at all times. Please also wear sturdy shoes and appropriate safety equipment for the work tasks. Exercise caution while working on the construction site and be careful when working on or around ladders or scaffolding.

Thank you for putting safety first!

## Registration

To register, please complete the online application at [maranatha.org](http://maranatha.org), or call to register over the phone. Forty volunteers can be accommodated on this project. Please wait for confirmation from Maranatha before making travel plans.

### Contact Information

**Phone:** (916) 774-7700

**Fax:** (916) 774-7701

**Email:** [volunteer@maranatha.org](mailto:volunteer@maranatha.org)

**Mail:**

Maranatha Volunteers International

990 Reserve Drive

Suite 100

Roseville, CA 95678

# Skills and Packing List

## Skills

Skills or experience in the following areas would be helpful.

- Roofing
- Painting
- Electrical work
- Framing
- Window installment
- Siding
- General construction
- Carpentry
- Landscaping

## Items to Bring

### Tool List

The following is a list of tools that will be helpful on this project. If you are able to bring any, it would be appreciated. Be sure to mark them with your name since many tools look alike. If you cannot bring some of the tools listed below, please remember to be considerate of those from whom you borrow. Painting tools, chainsaws, and wood-cutting tools will be especially needed.

- Painting supplies
- Saws-all types
- Skill saw
- Handsaw
- Step ladder (6-8')
- Nail apron
- Hammer (waffle-faced is best)
- Tape measure
- Level
- Utility knife
- Carpenter pencil
- Small square
- Roofing hatchet
- Screw guns for sheetrock application
- Hardiplank sidings tools
- Stapler (hammer tacker)
- Chalk line
- Drill-small hand (3/8" or 1/4")
- Broom for cleanup
- Electric cord
- Gloves
- Hard hat\*

*\*Required*

### General Packing List

This list is not comprehensive of all that you may choose to bring, but these are several of the items that have been most helpful to volunteers in the past.

- Good disposition and flexible attitude
- Work pants and shirts
- Sunglasses or safety glasses
- Good, close-toed working shoes
- Hat
- ID and personal insurance information
- A copy of this packet with Maranatha insurance information and project addresses
- Personal prescribed medication and any over the counter medication you use regularly
- Casual shirts, pants, and shorts
- Underclothes
- Light jacket
- Flip flops or sandals
- Dress clothes for Sabbath
- Personal toiletries and sunblock
- Water bottle
- Camera
- Bible
- Bedding: twin sheet, blanket, or sleeping bag
- Bedding: air mattress, foam pad, cot
- Towel and washcloth
- Small pillow
- Small alarm clock
- Earplugs

# THE MARANATHA

# STORE

## BUY MARANATHA MERCHANDISE!

Share the spirit of service with Maranatha-themed apparel and accessories.\*



**TO ORDER, VISIT [MARANATHA.ORG/STORE](http://MARANATHA.ORG/STORE) OR CALL (916) 774-7700**

All prices are excluding sales tax and shipping.

### 2017 MARANATHA T-SHIRT \$10



This 50/50 blend of polyester and cotton is an ultra-soft, ultra-comfy unisex T-shirt that feels like you've owned it for years. Represent Maranatha anywhere you go!

### CAP \$12



All cotton and easy to pack, this cap is sure to keep the sun off your face on a mission project and at home.

### HARD HAT \$11



This MSA V-Gard hard hat, with Staz-On suspension, ensures excellent shock absorption on the job site.

### WATER BOTTLE \$15



The autospout water bottle by Contigo features a one-touch-button spout for convenient one-handed drinking. It also has a spout shield to protect the spout from debris and dirt when not in use—perfect for the project site.

**MARANATHA.ORG**

\*All confirmed volunteers on an International Maranatha Open Team receive a Maranatha t-shirt as part of their participation fee.

**MARANATHA**  
VOLUNTEERS INTERNATIONAL

